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Nuts

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**Plus!
Monkey
rodeo!**



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13-19 MAY 2011

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GIRLS!

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IN Nuts!

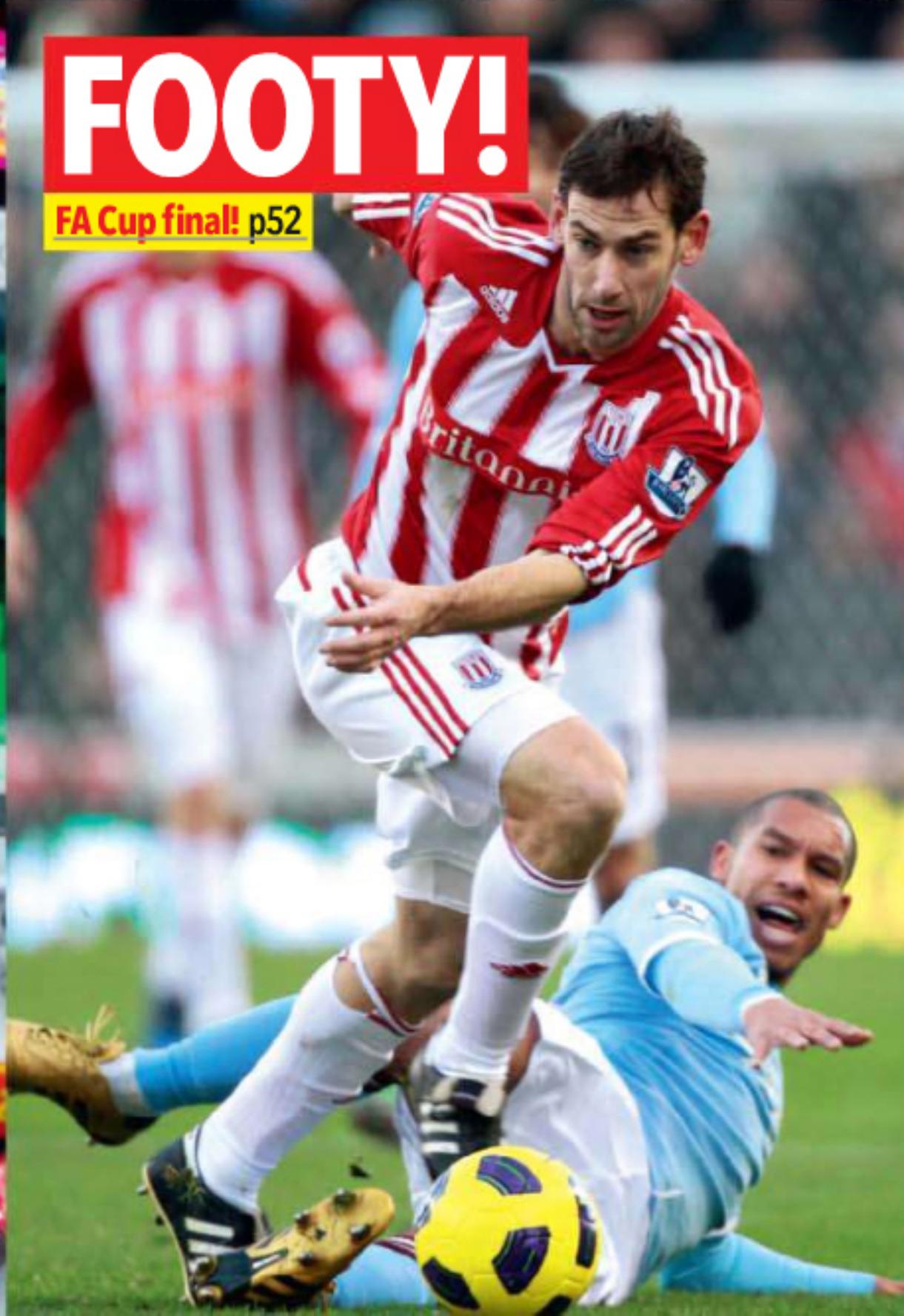


CARS!

Aston Martin DBS! p20

FOOTY!

FA Cup final! p52



STARS!

Lord Sugar! p8



IN THE Nuts OFFICE!



The Ward's zombies
stalk the workie

Nuts man Sam has a
tasty time on a shoot

Nuts NEWS

FALLING DOWN, EVERY WEEK!



Superman seemed
to like his new suit

4 Nuts

An aerial photograph of the Las Vegas Motor Speedway. In the foreground, a skydiver is captured mid-fall, wearing a black suit and helmet, with their arms outstretched. The track itself is a large oval with a blue racing surface and a white outer boundary. To the left of the track, there's a massive parking lot filled with cars. In the background, the city of Las Vegas stretches across the desert landscape under a clear sky.

120MPH SKYDIVE!

Man drops into Vegas!

Bonkers 120mph backwards leap in to Sin City!

The difference between a terrified, rictus grin (us/anyone with a reasonable sense of their own mortality) and this grin of pure, unadulterated joy is most likely experience. And a missing self-preservation gene. But freeflyer Mike Swanson of the Red Bull Air Force (yup, they have an air force) finds time for a cheeky grin to the camera as he hurtles

at 120mph towards Las Vegas' Motor Speedway and the loud adoration of 140,000 fans awaiting that day's Nascar race. And probably a couple of boos from ambulance-chasers there hoping for a mishap. The sick, sick puppies.

See more in this month's Red Bulletin magazine, at www.redbulletin.com

WORDS: RORY BUCKERIDGE PHOTO:
LUKE AIKINS/RED BULL CONTENT POOL



Supercar fireball!

Aussie driver's miraculous escape from fiery inferno!



"See? Aussies really do love a good BBQ"



PHOTOS: ACTION IMAGES, GETTY IMAGES

I could feel my face burning," was the... well, utterly expected quote from V8 Supercar driver Karl Reindler after this incredible crash in a race in Perth, Australia.

Karl's motor had stalled on the grid and, when back-ended by

an unsighted car (at a force of 37G), the fuel tank caught light. This was the result.

"There was heat all around me and I was breathing in the fumes. I could feel my throat burning," Reindler told Nuts.

"The seat had melted to my suit, the suit itself had melted

to the seatbelt. I eventually got out but it seemed like such a long time," he continued, before heading off to the nearest hospital for treatment on his second-degree burns.

Which, in anyone's book, has to be preferable to treatment for being dead.



Lord Alan Sugar!

The Sugar Daddy on chairs, Baggs The Brand and the new series of *The Apprentice*!

Hi Lord Alan! We hear there've been some big changes for this series of *The Apprentice*.

Er, what's new? The major difference is that the candidates are no longer competing for a job. They're now competing to go into partnership with me. It'll be their choice of business, and I'll put £250,000 of my own money into it.

That's a lot of dough! So, will the tasks be more high-end this time? No. I'm not interested in highbrow economics and all that b*lllocks. Friends of mine say, "Why can't you stick them in a trading floor in a bank, trading stocks and shares to see who's clever?" But you'd be bored silly, wouldn't you, looking at them sitting in front of a screen? The tasks in this

series are all examples of how anyone can actually start a business from scratch.

What if they want to use the £250k prize to open a chain of sex shops or something?

Well, when the BBC chose the candidates from the 20,000-odd who applied, they'll have taken into account which business ideas I would accept and which I wouldn't. So their ideas will have to be something viable, not something stupid!

Is this a good time for new businesses, what with the credit crunch and all that?

Absolutely. Young people should stop moaning about bankers and money, and go out there and make their own opportunities. I started my business with £100 in 1967. With rampant inflation, I think a quarter of a million pounds is about equivalent!

Last series gave us Stuart "The Brand" Baggs. Was he the worst candidate of all time? I'm not going to sit here and pick and choose who I liked and who I didn't like. I think I choose the right people. Every winner so far has gone on to start their own business. I think that says it all, really.

You can't blame the candidates for furthering their TV careers once you've fired them, can you? In the seven years I've been doing *The Apprentice*, I've met candidates who've sworn on a stack of bibles they can't bear being on camera and doing photo shoots. But they're talking a load of b*lllocks because as soon as the show's finished and, I don't know, Channel 795 calls them up and says, "Do you want to be on TV?" they're there like a shot! The first thing I'm going to do when I retire is to expose them all!

How about your "celebrity chum" Piers Morgan? Are you going to miss him now he's left *Britain's Got Talent* for the USA? I'm devastated. Ha!

You've done *Junior Apprentice*. How about *OAP Apprentice*? Well, there's no age limit as to who can come along. We've had

candidates in their 40s and above. We only have the age restrictions for

Junior Apprentice, which I loved. We're doing another series of that later in the year.

So, do you think you'll keep on doing *The Apprentice* forever?

That's something my wife keeps asking me. I don't want to get bored. The changes have driven some enthusiasm back into the programme for me. We've changed it, but not in a gimmicky way. We're not going to suddenly introduce dancing or standing around in Essex for example.

INTERVIEW: RICH PELLEY PHOTOS: CAMERA PRESS



"Every winner so far has started their own business"

"I'm sure we left the candidates around here somewhere"

FIRING SQUAD!



Thanks, Lord Alan! Why aren't there enough chairs in the boardroom? Do you think that was a very useful last question to ask? You think that's the burning question? [Gets up to leave]

Well, if you were any sort of gentleman you'd offer your seat to one of the ladies. Or at least have one sitting on your lap! [Lord Sugar tutts and leaves]

The Apprentice returns to BBC1 from Tuesday, 9pm



How long till he notices we've nicked his table, do you think?

Who's who!

Our favourite candidates after seeing episode one!



MOST LIKELY TO BLUB!
Melody Hossaini, 26, Midlands

Pretty and composed, but is she going to take everything to heart?



MOST LIKELY TO PULL!
Vincent Disneur, 29, Canterbury

Resident ladies man, he might have his eye on Melody already.



BEST CHOICE OF TIES!
Alex Britez Cabral, 28, London

We've only seen this bright one but we bet he's got a cupboard full of them!



BEST LEGS!
Natasha Scribbins, 31, London

OK, she's no Elizabeth Locke from series six but all the same, she's got decent pins.



NUTS TIP TO WIN!
Jim Eastwood, 32, N Ireland

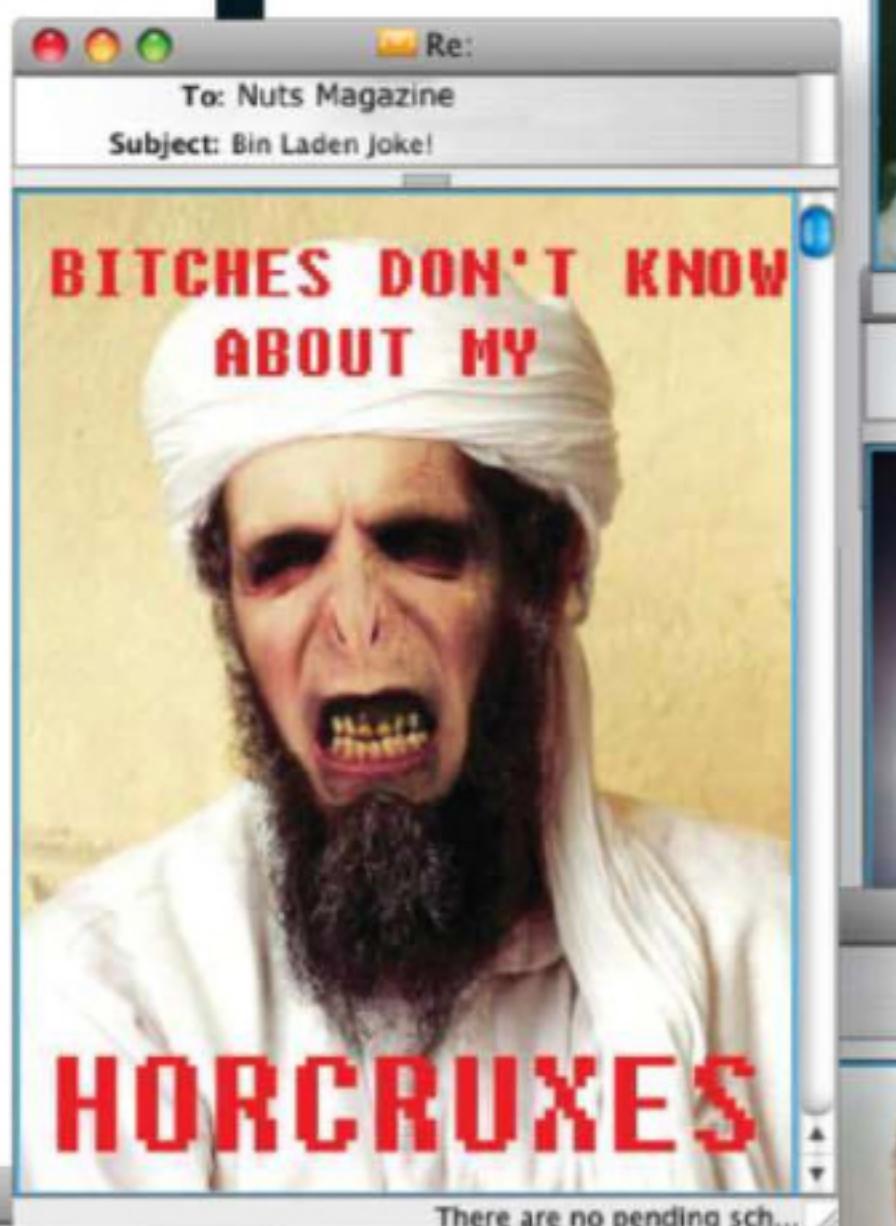
Calm and collected, can he take it to the very end? That'd make his day!

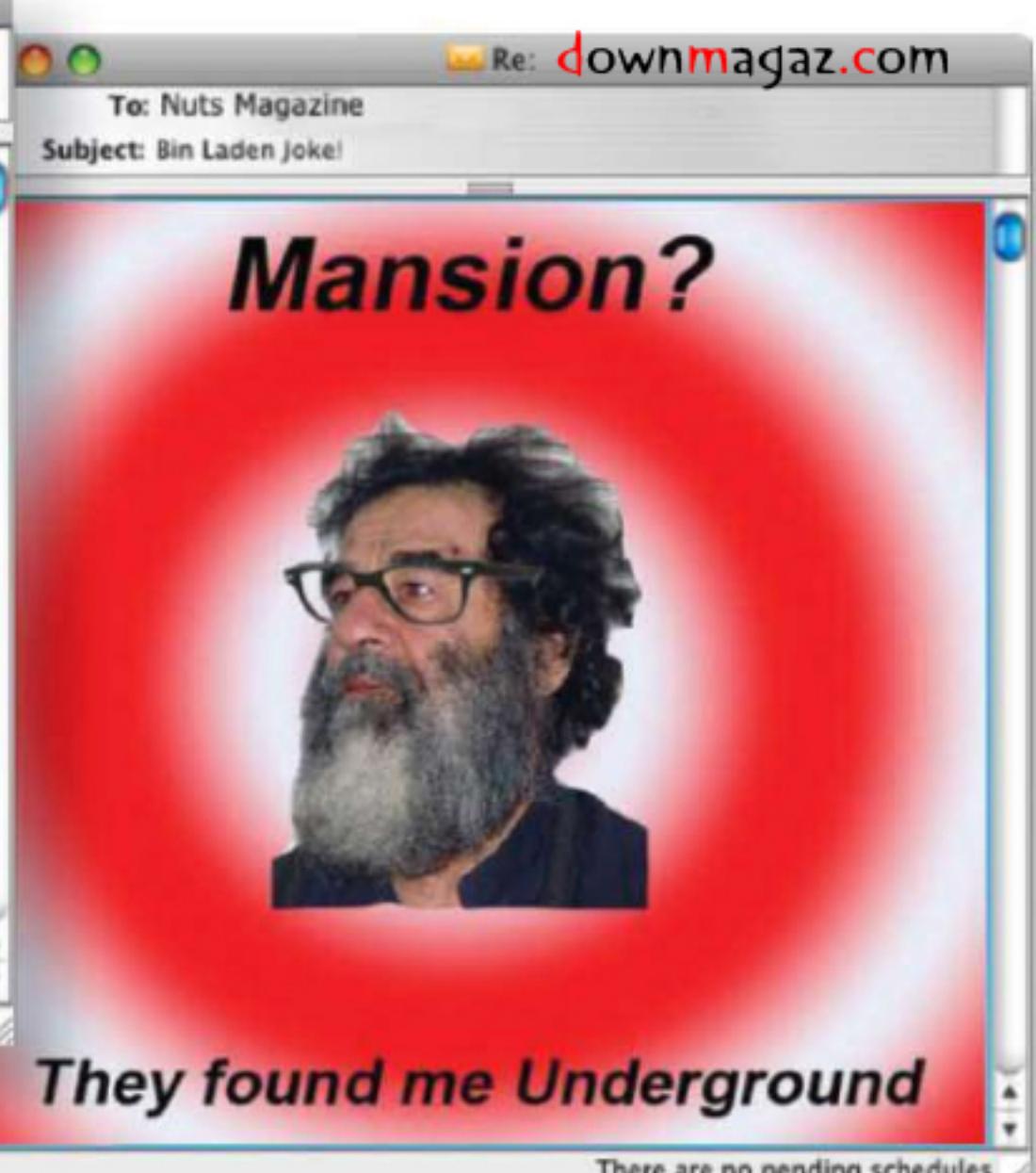
Osama bin Laden spam!

Internet funnies at that terrorist chap's expense!

You'd have to have been perversely media-averse to miss the fact that a US Navy Seal team stormed a Pakistani compound last week. Their successfully accomplished mission? To deliver America's own brand of justice to the awesome-at-hiding al-Qaeda leader.

Within moments, the internet started to fill with gags based on this momentous event. Here's our pick of the funniest, silliest and just plain wacky!





Hippo vs croc!

Lunchtime in Africa can be pretty tasty!

Next time you nip to the water cooler for a glug of water, be thankful you don't work at the Liwonde National Park in Malawi. If you did, your thirst-quenching might be cut short by a huge crocodile lunging for your danglies, like what happened to this hippo!

The scaly intruder burst out of the shallows when the hippo and her calf went for a dip in the park's river, and looked like he was all set to make off with a meal to keep him filled for days. Luckily for all concerned (except the hungry croc), the hippo used all her powers to send the ravenous reptile on his way, no doubt to the nearest Nando's where they helpfully kill the food for you before dishing it up.

WORDS: RICH JENKINS PHOTOS: CATERSTOCK.COM, SHUTTERSTOCK



WET 'N' WILD!

"All together now, 'In the circle of life...'"



Who's king of the plains?

Just who really is the top dog in the jungle



CROC

★★★★★

Weight: 230kg

Length: 5 metres

Lifespan in the wild:
45 years

Bite force: 5,000lb-ft

Special move: The "death roll" – where the croc drags his prey underwater, then rolls over and over, breaking the victim's spine!

Pub ammo: The correct term for a group of crocs is a "bask" on land, or a "float" in water.



HIPPO

★★★★★

Weight: 1,400kg

Length: 3.5 metres

Lifespan in the wild:
40 years

Bite force: 1,821lb-ft

Special move: Hippos open their mouths and swing their heads at prey like giant, razor-toothed sledgehammers!

Pub ammo: Hippos can easily outrun humans, clocking speeds of 19mph over short distances.

Nuts NEWS



Rihanna

Music gala, New York

Rihanna attended a music awards bash at Wall Street's Cipriani – a building dating from 1841 and boasting a genuine Wedgwood ceiling. Blah, blah, blah, boobs!

Maria Fowler

Glamour shoot, near beach

Classic glamour shot pose here – one thumb pulling down bikini bottoms? Check. Glance back over shoulder? Oh yes. Nipple at the absolute exact horizon point? Excellent work!



RUDE NEWS

The girly news stories that made the play-offs!



Twiins

Eurovision entry shot

Think on this: GB's entering clapped-out old boy band Blue (special skills: wee-wees) in this year's Eurovision. Germany are entering these amazingly hot twins. Our chances? Slim.



Lauren Goodger

On hols in Spain

With *The Only Way Is Essex* now absent from our screens, the only/best place to see the lovely ladies from the show is right here. Witness Lauren in Spain, walking to/from a row.



**Lindsay
Lohan**

Out and about, Los Angeles

In advance of her next court appearance, Lindsay visited a women's shelter for the judges (and for appearances). And for us, she wore a see-through top, no bra. What a lady!



Geri Halliwell

Modelling Next swimwear

There's no escaping the fact that, for a lady of the age of 38, a) Geri still looks remarkably good in a bikini and b) you definitely would. A lady as old as your mum ('s cuter cousin)!

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!



Nuts news

flash!

**Lucy Pinder on her
very first movie role!**

**Lucy Pinder on her
very first movie role!**

"It's in Strippers vs Werewolves - a blink-and-you'll-miss-me movie." - a vampire

**and-you'll-miss-me
part! I play a vampire
bride so, hopefully,
I'll be all vamped up!"**

The monkey rodeo!

Yes, we really do live in a world where primates corral goats! Huzzah!

Sometimes, our stories pretty much write themselves. Witness this plucky troupe of capuchin monkeys rounding up sheep from the back of border collies. Sporting a natty line in shiny jerkins and chaps, the banana-scoffing cowboys have been corralling wild goats for years at master Tommy Lucia's Florida rodeo.

Tommy rescued his original hairy gaucho, Whiplash, from a Florida animal collector and, when he showed an aptitude for horseplay, began training him in goat wrangling. The full rodeo soon followed. Great for the audience, not so much for the dogs, who think their boss is a right monkey.

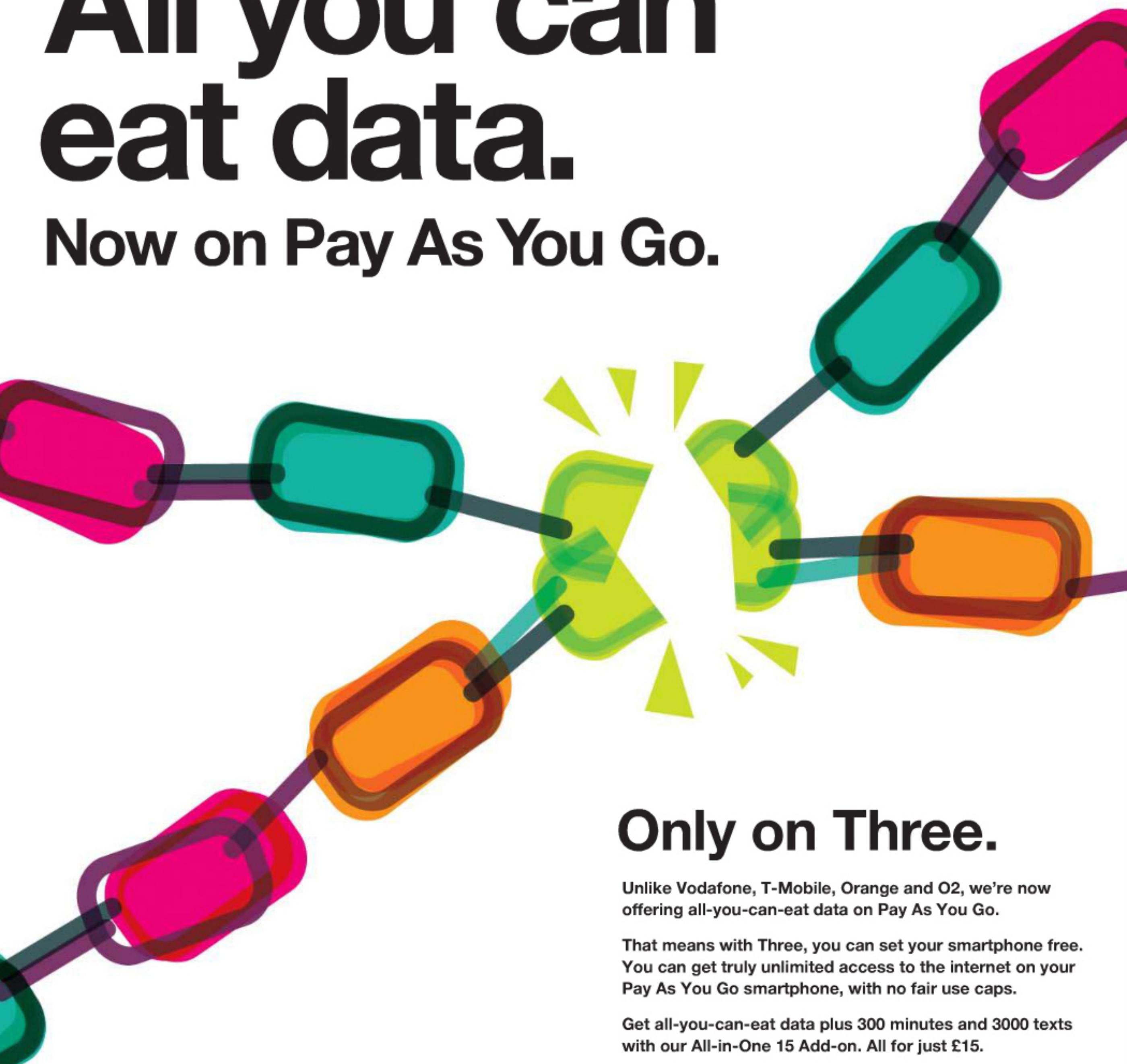
WORDS: RORY BUCKERIDGE PHOTOS: BARCROFT MEDIA

HAIRY HERDER!



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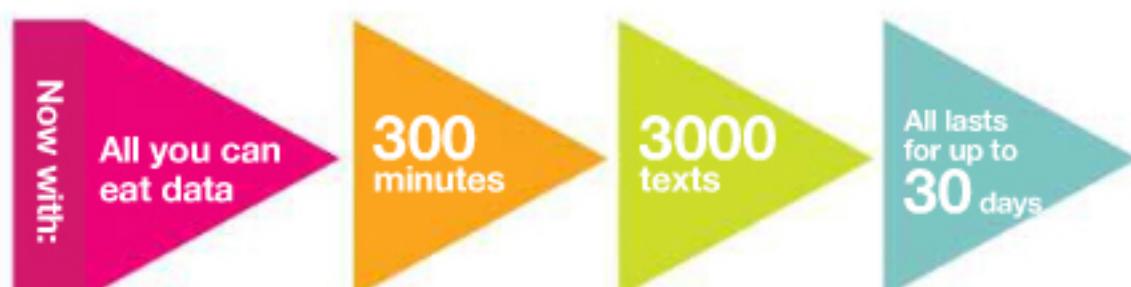


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THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



Michael Dawson:
"It's on fking camera! Let's see it then!"**



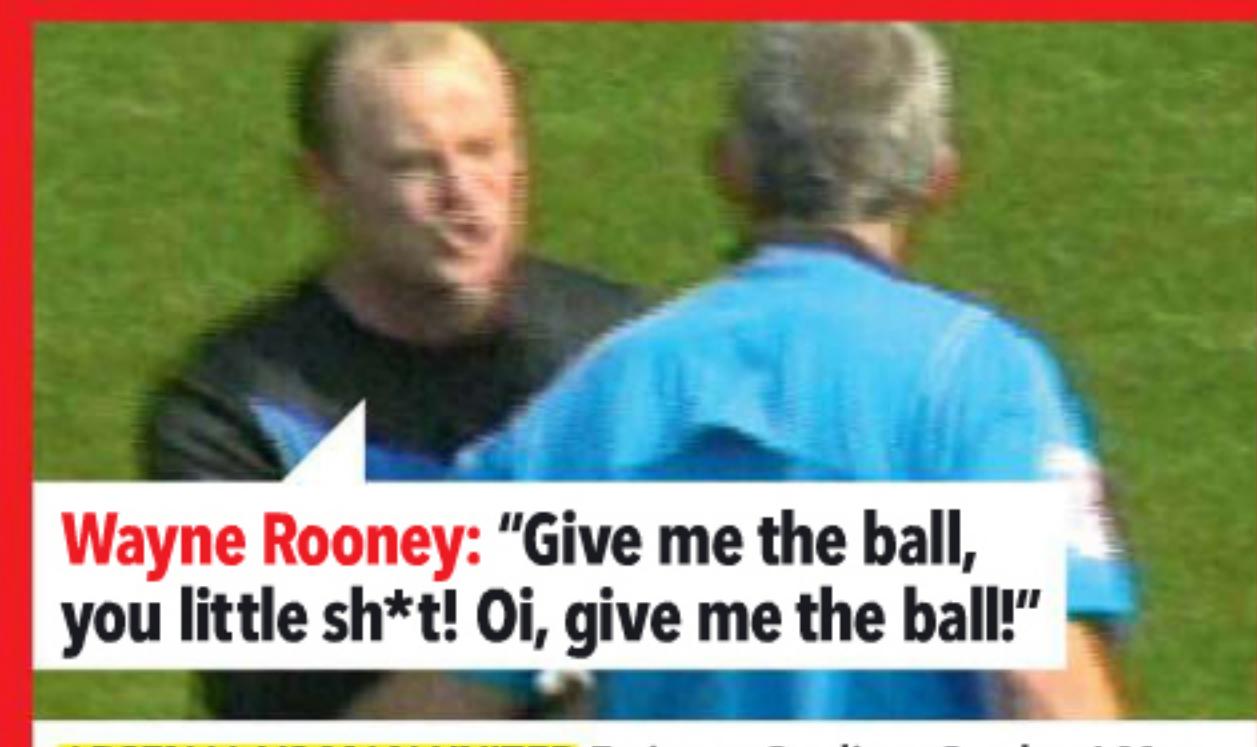
CHELSEA VS SPURS Stamford Bridge, Saturday 30 April, 6.16pm Daws can't wait to see a replay of Frank Lampard's "goal".



Ref: "Listen, you went in from behind to the side, which is why they pushed you"

Jamie O'Hara: "No, ref, come on! I didn't - I won the ball!"

BIRMINGHAM VS WOLVES St Andrew's, Sunday 1 May, 12.07pm O'Hara begs to differ with the ref after an early skirmish.



Wayne Rooney: "Give me the ball, you little sh*t! Oi, give me the ball!"

ARSENAL VS MAN UNITED Emirates Stadium, Sunday 1 May, 3.08pm The ref intervenes as Rooney loses it with Aaron Ramsey.



Darron Gibson: "Come on, ref - you know I went for the ball!"

MAN UNITED VS SCHALKE Old Trafford, Wednesday 4 May, 8.21pm Gibson's pleas to avoid a booking fall on deaf ears.

POTTY-MOUTH OF THE WEEK!

Sebastian Larsson: "F**k off! F**k off! Are you f**king serious? F**king f**k off!"

ONLY IN
NUTS!



BIRMINGHAM VS WOLVES 12.29pm The Birmingham man's mildly peeved when team-mate Craig Gardner's sent off.

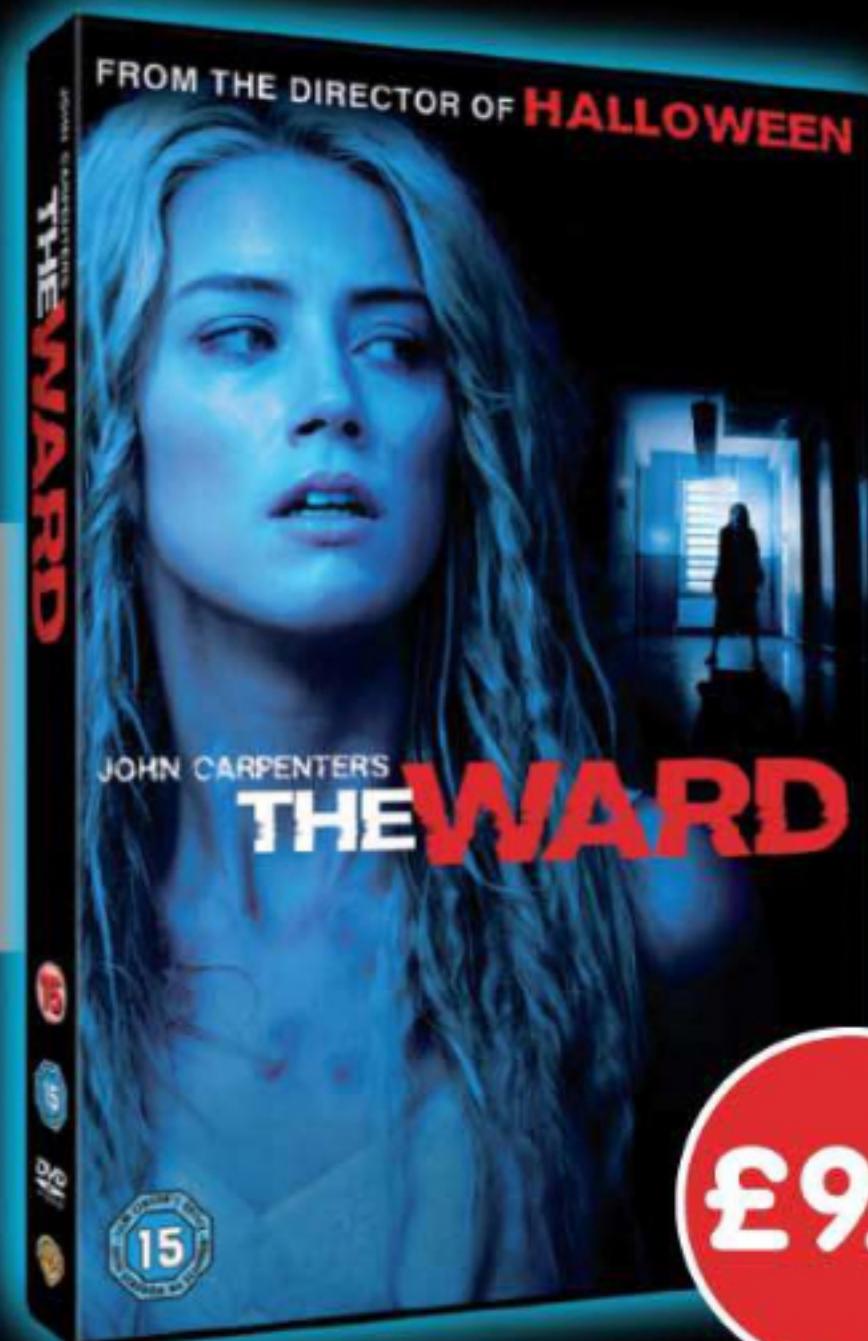
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"Take the next left
for the Batcave"



557BHP V12!

The stealth Aston DBS!

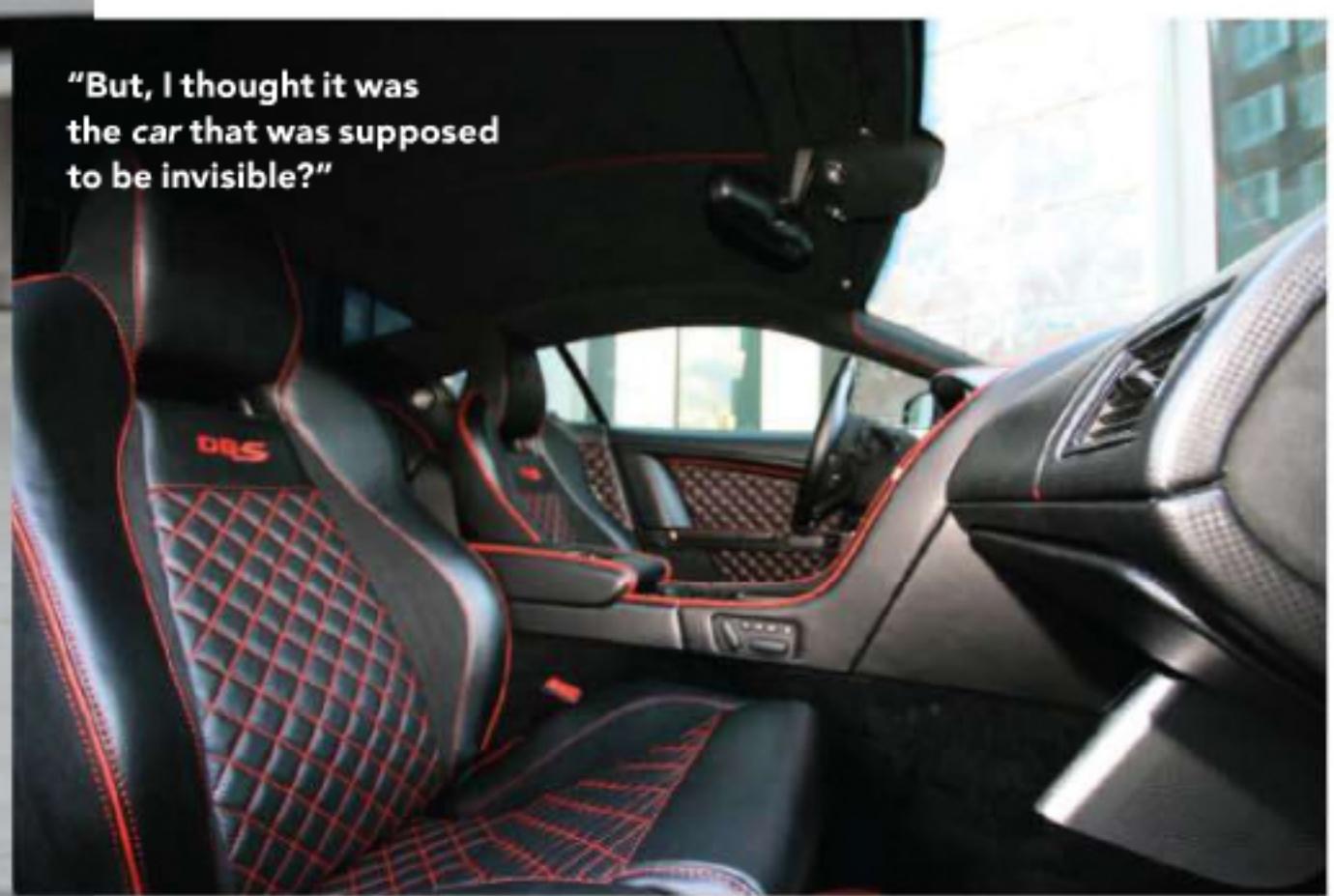
If Batman ever bought an Aston, he'd order his in Germany!

- It's not often you'll hear us say this, but sometimes it's better to buy an iconic British car that's been fiddled with by a German.
- Düsseldorf-based tuner Anderson has put a mighty V12 Aston Martin DBS under its microscope to make it look and act a whole lot angrier.
- Anderson first strip down a £176k DBS and completely repaint the aluminium body shell in matte black. Taking a Ronseal approach, it's called the "Superior Black Edition".
- They also paint the window frames, to remove all traces

- of chrome and tint the glass for added gnarly, Gotham City effect. Even the classic grille gets the matte treatment.
- Anderson then fits carbon fibre wing mirrors and details the front and rear Aston "wings" badges in blood red.
- The original 20in wheels never return to the arches. Instead, Anderson bolt in their own five bespoke 21-inchers (black, of course), wearing the same 295-sized rear tyres, but wider 245 fronts, with six-pot callipers dipped in red paint.
- The cockpit follows the dark theme with black carbon,

- leather, Alcantara and unique red-diamond stitching.
- Power from the iconic 6.0-litre V12 gets hiked from 510 to 557bhp thanks to a simple engine control unit remap. The same engine in the heavier DBR9 and DBRS easily growled past 600bhp, so there's scope to wring out even more horses, with the weight dropping 21kg, from 1,695kg to 1,674kg.
- The Anderson edition sounds tougher too, as catalyst replacement pipes and special exhaust manifolds have been fitted. The (black-painted) system is lighter, but

- features an electronic vent damper – which basically means there's a "loud" button you can press to show off.
- No performance numbers have been released, but the standard DBS does 191mph and takes 4.3 seconds to reach 62mph with less grunt and more flab. Anderson has made it a big, black 200mph British Bulldog that we bet'll hit 62mph in 4 seconds dead.
- If your wallet's swinging open in anticipation, make sure you've got £226,000 inside, as that's the ball park you'll be playing in.



"Yes, but could you
get a B&Q kitchen
in that boot?"

"But, I thought it was
the car that was supposed
to be invisible?"

BLACK & RED!

The next series of Top Gear turned bloody



Nuts EXCLUSIVE!

GO IN, GUNS BLAZING!

"Adam can really become a tank if you want. At the beginning, if you run in head-first with your weapons, the game's going to be quite hard but if you invest in the dermal plating, recoil compensation, aiming and all the combat augmentations, he really starts evolving into a tank!"

Deus Ex: Human Revolution first look!

"No smoking?
Says you and
whose army?"

SMOKING AND BOOZING!

"We wanted to give it that cyberpunk and film-noir feel with the whisky and the cigarettes. There's actually not that much smoking in the game and, anyway, I think people would be augmented with special lungs so they don't get sick!"

ROBO-LIMBS!

"That was a short back and sides you wanted, wasn't it, gentlemen?"

AUGMENTATIONS!

"Blades as arms have been done before, but the thing that's cool about Adam's blades is the way they retract and protract back into his forearms. They're also square, not pointy like normal swords. And they can come out backwards from his elbows, which is his signature move."



Nuts gets a sneaky peek at the stealthy, conspiracy-theory shooter

WORDS: DAN CURELY

First available on creaky, turn-of-the-century PCs, *Deus Ex* – the moody, thinking-man's shooting game – is back for a third outing. Set in 2027, this prequel boasts a deep storyline, multiple-path-through-missions approach and a cool hero – mechanically augmented chap Adam Jensen.

Jensen gets into some bother and ends up losing both arms and other important boldly bits. Luckily, the doctors who fix him up include several fun extras like bolted-on sunglasses, samurai sword blades in his elbows and (surprise!) regenerating health.

Suitably kitted out, Jensen investigates the conspiracy,

mostly via automatic weapons and samurai swords in the face!

Nuts talked to the game's art director Jonathan Jacques-Belletete. *Deus Ex: Human Revolution* hits PCs, PS3s and Xbox 360s on 26 August

HONE YOUR SKILLS!

"The main gaming pillars are combat and stealth – you can switch between them at any time. Hacking and social [charm, basically] are the supportive pillars. Most situations in the game can be resolved through either combat or stealth but, sometimes, hacking or social come into play."

MAYHEM MAKER!



"Wow! This game of hide 'n' seek got serious!"



The latest "It's Pepsi Time" ad got mixed reviews

BAREBACK SLIDER!

Naked man escapes brothel!

Nudey Spider-Man avoids arrest!

No, this isn't a tenacious strip-o-gram getting to his next performance – this naughty and very naked man is actually legging it from a brothel.

In China, they take a very dim view of prostitutes and the people who use them and so this gent in Changchun, Jilin

Province, decided that rather than have a nice conversation with an interested police officer, he'd shin down a large pipe to freedom and leave all his clobber behind.

Imagine explaining that one to the wife: "Yes, that's what I said, dear. All eaten by wolves. Now, what's for dinner?"

PIPE PERIL!



JIM JEFFRIES! GOES NUTS!

It's the most offensive column on Earth!

'Bin Laden's been w*nking off over Pippa Middleton!'



Aright there, f**kers! Yes, this week I'm only going to be talking about Osama bin Laden. It seems a bit weird to be talking about some bloke in Kansas who makes shoes out of toilet paper or sh*t like that when the most wanted man in the world has just been killed, so this week it's my smiley, happy Osama bin Laden death special!

Spoilt brat!

That's right, Osama bin Laden, the 17th child of 54, is finally dead. Now we know why he was so tetchy – being the 17th child out of 54, he probably suffered from middle child syndrome. Well, he's dead now, and it's only taken ten years and thousands of lives to get him. He wasn't hiding in a cave, he was 120 miles away in a little town in Pakistan, in



And she's the ugly sister? Blimey!

a townhouse, w*nking off over pictures of Pippa Middleton. Obama did some Jack Bauer sh*t on his ass and that was that. Now, I'm a bit of a sceptic about this stuff. I always want to know things like: why did they get rid of the body so fast? Why did they bury him at sea? The only way we'll ever get to see him now is if there's a tsunami in the Arabian Sea. Let's hope he doesn't wash up

in Israel – they'll think he's the Second Coming. And let's hope even more that he doesn't wash up in Japan, as he may come back as a super-villain thanks to all that nuclear waste.

Al-Qaeda's got talent!

I keep hearing about the chance of al-Qaeda attacks but I don't think they'll happen. I think they're just going to be sitting around playing lots of games of Jenga. Let's face it, al-Qaeda



"Let's hope he doesn't wash up in Israel or they might think he's the Second Coming!"

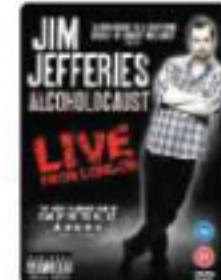
without Bin Laden is like Nirvana without Kurt Cobain. The search for a new leader would make a great reality show, though!

Beardy weirdy!

My big fear is that Bin Laden is going to ruin the beard in the way that Hitler killed the 'tache. It'll make Zack Galifianakis into this generation's Charlie Chaplin. So let's get the

troops out of Afghanistan now – what else is there for us to prove? We've killed everybody. Bin Laden's dead, Saddam Hussein's dead, there's nobody left for us to hate, which is actually pretty f**kin' depressing. This must be how Batman felt when the Joker died. Still, look on the bright side – Osama's ten wives are now back on the market! That's a Nuts photo shoot waiting to happen, right?

Jim Jefferies:
Alcoholocaust Live
is out now on DVD



DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



"Do you want chili sauce with that, sir?"

'My arm was hanging off!'

Arm aggrieved in major motorbike mishap!

Motorbikes are marvellous – if lady luck's smiling on you. But all it takes is one little thing to go wrong and you could easily end up like Lee Laugherne, an electrician from Pembrokeshire.

Lee, 24, tells Nuts, "I was overtaken by two cars. One

pulled in and I bounced off the side of it. I went flying – I can only remember standing up and falling straight back down to the tarmac. I couldn't feel my arm at the time – it was my leg that was hurting more.

"I woke up in hospital to find my arm hanging off! I was in for two weeks and had five

operations. They placed a metal plate in my forearm but there was a compression build-up. The surgeons then had to cut open the other side to release the pressure. Very painful!

"My right hand will never be the same. On the bright side, I'm off work for six months, so I'll be catching up on DVDs!"

ON THE MEND!



WORDS: DAN CURLEY *EDITOR'S DECISION IS FINAL
TERMS AND CONDITIONS ON PAGE 68 APPLY

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Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

Nuts GEAR

Mio Spirit

eu.mio.com

Nuts says: Satnav worth looking at for two reasons. One, you can just holler your destination in. And two: it'll find you the nearest free parking space within 1km. Cunning.



£80



Sagemcom Sixty cordless telephone

www.firebox.com

Nuts says: A retro-looking phone with modern smarts and a cordless handset.

£100

Free
with
contract

Blackberry Bold 9900

www.blackberry.com

Nuts says: This 4G-ready blower has a 5.0-megapixel camera that shoots high-def movies and Blackberry's slick OS. A fine iPhone alternative.



NFC (near-field communication) lets you pay for stuff wirelessly

Sony S1 and S2 tablets

Nuts says: One of these new tablets is a standard Android-powered iPad rival. The other boasts a Nintendo DS-style double screen. Both pack PlayStation gaming tech.



The S2 can be used as single screen, or split for gaming

Check out more reviews at
www.nuts.co.uk/reviews

YOUR LETTER

You don't just read, you write, too!

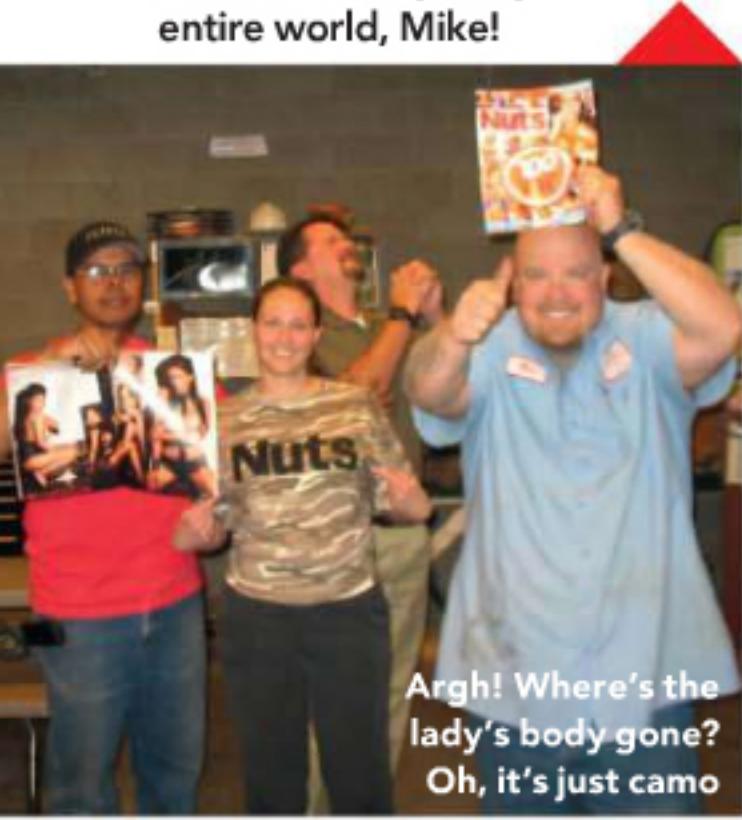
Send your Letters to [nutsletters](#)

States of excitement

Dear Nuts,
Thanks for sending your US fans some *Nuts* goodies! I came across *Nuts* when I was serving in the military and now I'm hooked! Better than anything you can buy in the USA!

Mike Cummins, New Mexico

Better than anything in the entire world, Mike!



He's just Fab!

Dear Nuts,
I work with a bloke called Wilf on a building site in Worsbrough, Barnsley, and we all think that he looks exactly like Fabio Capello. What does everyone at *Nuts* reckon?

Shane Miller, Barnsley
Blimey! They were clearly separated at birth, mate!

LETTER
OF THE
WEEK!



"Anyone seen my other glove?"



Royally rude

Dear Nuts,
What do you think of our demonstration of appreciation for the happy royal couple? We figured that your painting of Katie showed that she really needed her Willy!

Paul Pearson, Birmingham
Your model-making skills are almost as good as our artist's painting skills, Paul!



Actually, I'll sit this one out

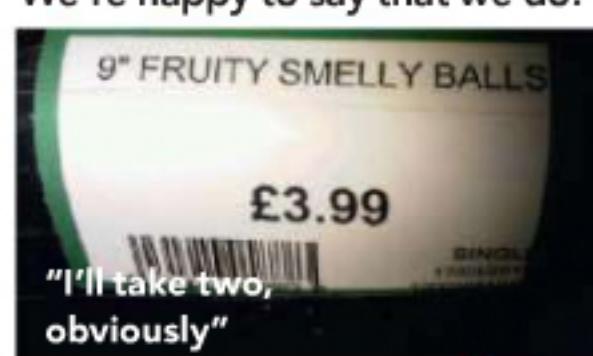
Dear Nuts,
We were watching TV and found this in the schedules! We thought we'd give it a miss!

Ria and Wayne, Plymouth
That has to be the least sexy thing on television. Apart from Feltz, obviously.

The real Princess Kate

Dear Nuts,
Here's a pic of me in my *Nuts* vest and shorts. I hope you like!

Katie Houghton, via email
We're happy to say that we do!



Fruity and smelly?

Dear Nuts,
I found this in a local toy store. Outrageous!

Liam, via email
But surprisingly affordable.

STEALTH BUMMING CORNER!

ONLY IN
Nuts!

"A day at Twickenham and the guy pouring the beer has no idea!"
Peter Walsh, Ashford

23.00

23.30

Escape to the Country

Sex... with Mum and Dad
Happily Ever Happily Ever
Happily Ever Obsessed
Royally Obsessed
in the Sun: Home of
Followed by
Happily Ever?
We doubt it!



RS!

@ipcmedia.com or to the address on p68



"It's not a stamp, you wally!"

That's some impressive feet
Dear Nuts,
This is my mate showing his appreciation for the new princess!

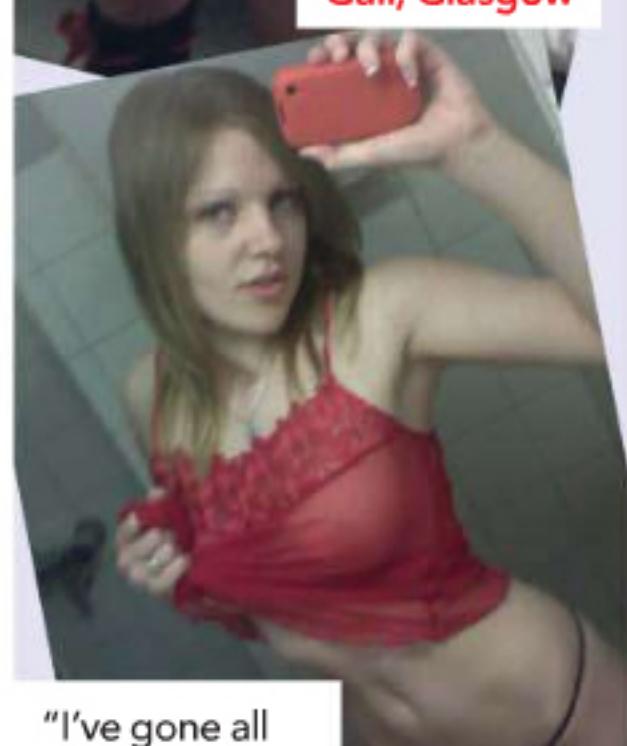
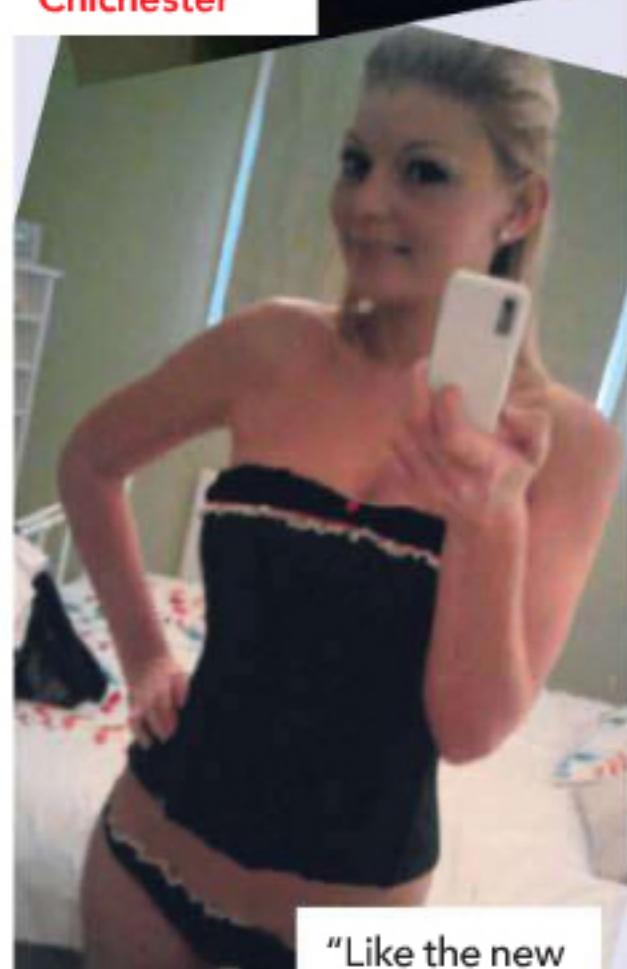
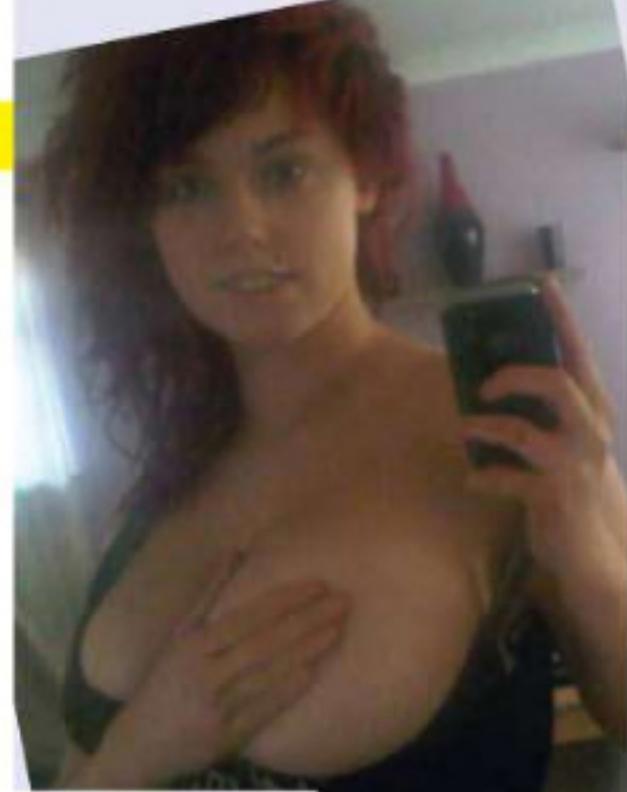
Steve, via email

Truly, they are feet befitting a future queen of this green and pleasant land!

Win Durex stuff!

*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 68 APPLY

Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on page 68. The sender of this week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit www.durex.co.uk for more information.



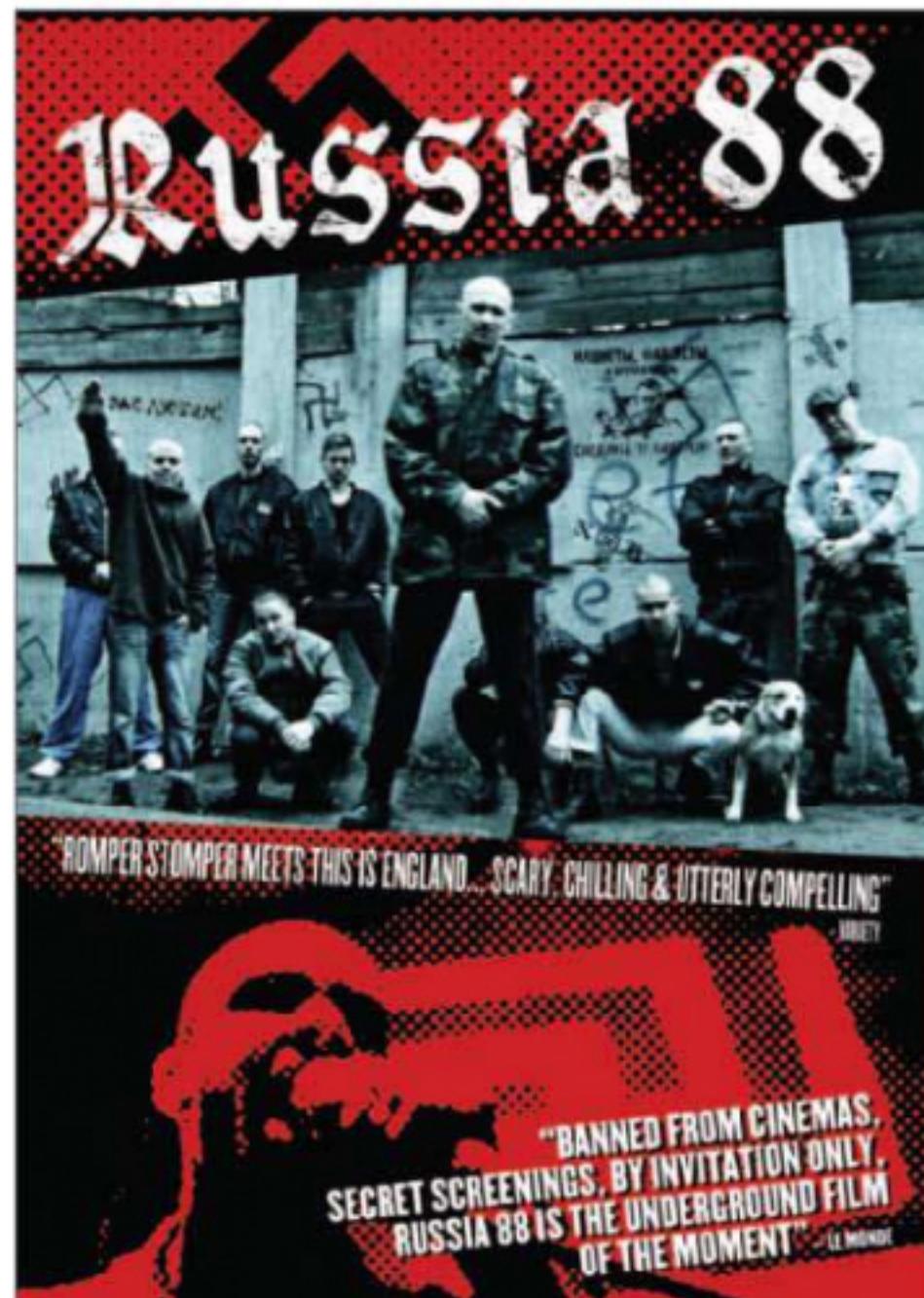
Send us your pics! Text 'Nuts' and your sexy camera-phone pic to 0771 388 8008*

ONLY IN
Nuts!

CAMERAPHONE CUTIES!

Sexy snap-happy babes!

one to watch



£12.99

DVD out now

This is raw, emotional and controversial filmmaking and an intense examination of skinhead culture that makes a powerful political statement



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YOUR JOKE

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcm.com

SHORT JOKES!

I've bought
a chinchilla.
That should keep
my face cool in this
warm weather!

Wes Champion,
Southend

**Q: If Man United fans watch MUTV,
what do Liverpool fans watch?**

A: The History Channel!

Chris Sheen, Surbiton

**Q: What takes
up 18 parking
spaces?**

**A: Nine women
drivers!**

Mick Woods, via email

I hate street performers.
Then again, I'm a mime,
so I can't really talk!

Dom Chamberlain, Oxford



Bruce Willis loved
sneakily supergluing
Sly's fist to Arnie's jaw

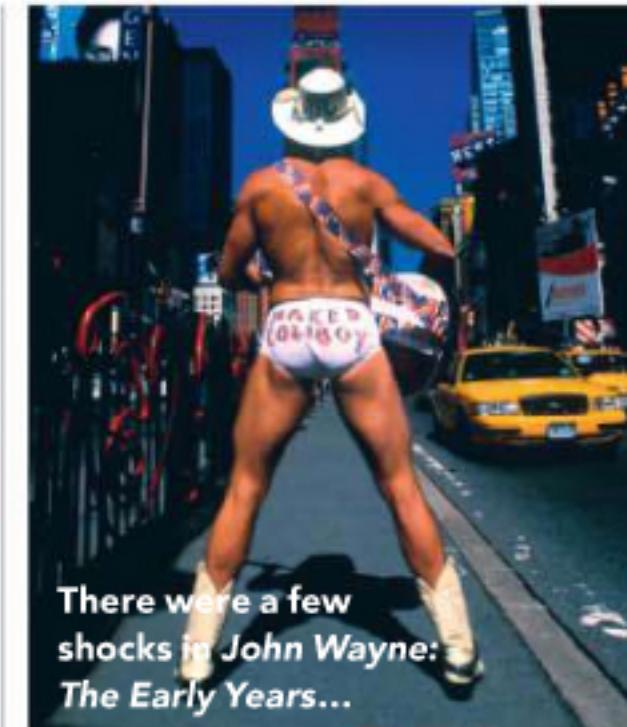
JOKE
OF THE
WEEK!

Terminated!

Following the success of *The Expendables*, a film director asks Sylvester Stallone and Arnold Schwarzenegger to work together on his new film about classical composers. Not knowing what parts to allocate them, he asks Stallone who he'd like to be.

"I want to be Mozart," responds Sly.
"And you, Arnie?" asks the director.
"I'll be Bach!" he replies.

Nicky, Brighton



There were a few
shocks in John Wayne:
The Early Years...

Given the boot

A woman goes into a bar in Texas and sees a cowboy with the biggest feet she's ever seen propped up on a table. The woman asks him if it's true what they say about men with big feet. The cowboy grins and says, "Sure is, little lady! Why don't you come to the bunk house and let me prove it to you!"

The woman spends the night with him and the next morning hands him a \$100 bill. Blushing, he says, "Well, thank ya, ma'am. I'm real flattered. Ain't nobody ever paid for my services before."

The woman replies, "Don't be flattered. Just take the money and buy some boots that fit."

Julian, Gravesend

Gone fishing

Out walking, I said hello to an angler, but he just snarled, "F**k off!" at me.

The next day, the same man started work on my firm's building project.

"Lovely to meet you," he said. Truly, he was a coarse fisherman but a civil engineer.

Chris Shepherd,
via email



The bag made Robson
Green's Extreme
Fishing much better

Win The Next Three Days!

The sender of this week's funniest joke will win a PS3 and a Blu-ray of Russell Crowe action movie *The Next Three Days*, plus a DVD of Val Kilmer spy-thriller *Double Identity*, both out on 16 May courtesy of Lionsgate Home Entertainment.



S!



dia.com or to the address on p68

Gunning for it

A bloke goes to hospital to visit his mother-in-law who has a wounded leg.

The doctor asks him, "Can you describe what happened, please?"

The bloke replies, "She got shot."

The doctor says, "You'll have to be a bit more accurate than that."

"I know," says the bloke, "But the problem is I'm just not all that experienced with guns."

Harry Little,
London



"Remind me, which one of these do I use to pick my nose?"

Mud for it

A man goes to the doctor's for a physical. Afterwards, the doctor tells him that he only has six weeks to live.

Bill replies, "Isn't there anything I can do?"

After a moment the doctor says, "Well, you might start going to that new health spa for a mud bath every day."

Excitedly Bill asks, "And that will cure me?"

"No, but it'll get you used to the dirt."

Graham Johnson,
Whitstable

FAMOUS BLOKES' JOKES!

RICH HALL:

"A senator from Delaware is running on a platform of anti-masturbation. She wants to make it illegal. I give that law six minutes"

RUSSELL HOWARD:

"Drinking in space would've really changed Star Wars. Imagine Han Solo p**sed: 'Chewie, you look like a '70s minge!'"

JIMMY CARR:

"Keen to enforce the new veil ban, this week French police arrested two women and a letterbox"

LEE MACK:

"I joined a wine club recently. We meet every morning at nine o'clock in the park!"

DANNY BHoy:

"I'm half-Scottish, half-Indian. Which means unlike most Scots, I don't get sunburn watching fireworks"

KEVIN BRIDGES:

"The French Prime Minister has outlawed the burqa. He's got a different opinion to Italian PM Silvio Berlusconi, who loves to see a woman's face covered. Covered with the stale contents of his 72-year-old decrepit testicles."

ROB BRYDON:

"David Mitchell was never asked to keep quiet at school. Well, once. But out of respect for the gym teacher's career, we won't go into that!"

POP OUT IN PUBLIC!

ONLY IN
Nuts!

Have a cheeky flash – and earn some cash!



IN THE ROAD!

AXA 19, from Lancashire

"As you can see, it was a bit cold this morning!"



IN THE PARK!

DANNII 20, from St Helens

"Where better to strip off than my local park?"



SAIR 20, and SOPH 19, from York

"You might call these our speed bumps!"



POLE POSITION!

Win £100!



All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to 0771 388 8008.

MEGAN 21, from Bolton

"I hope they think I was hot!"

CAMERA PHONE COMEDY!

Seen something daft? Snap it, send it in and win £100!

ONLY IN
Nuts!

Win £100!

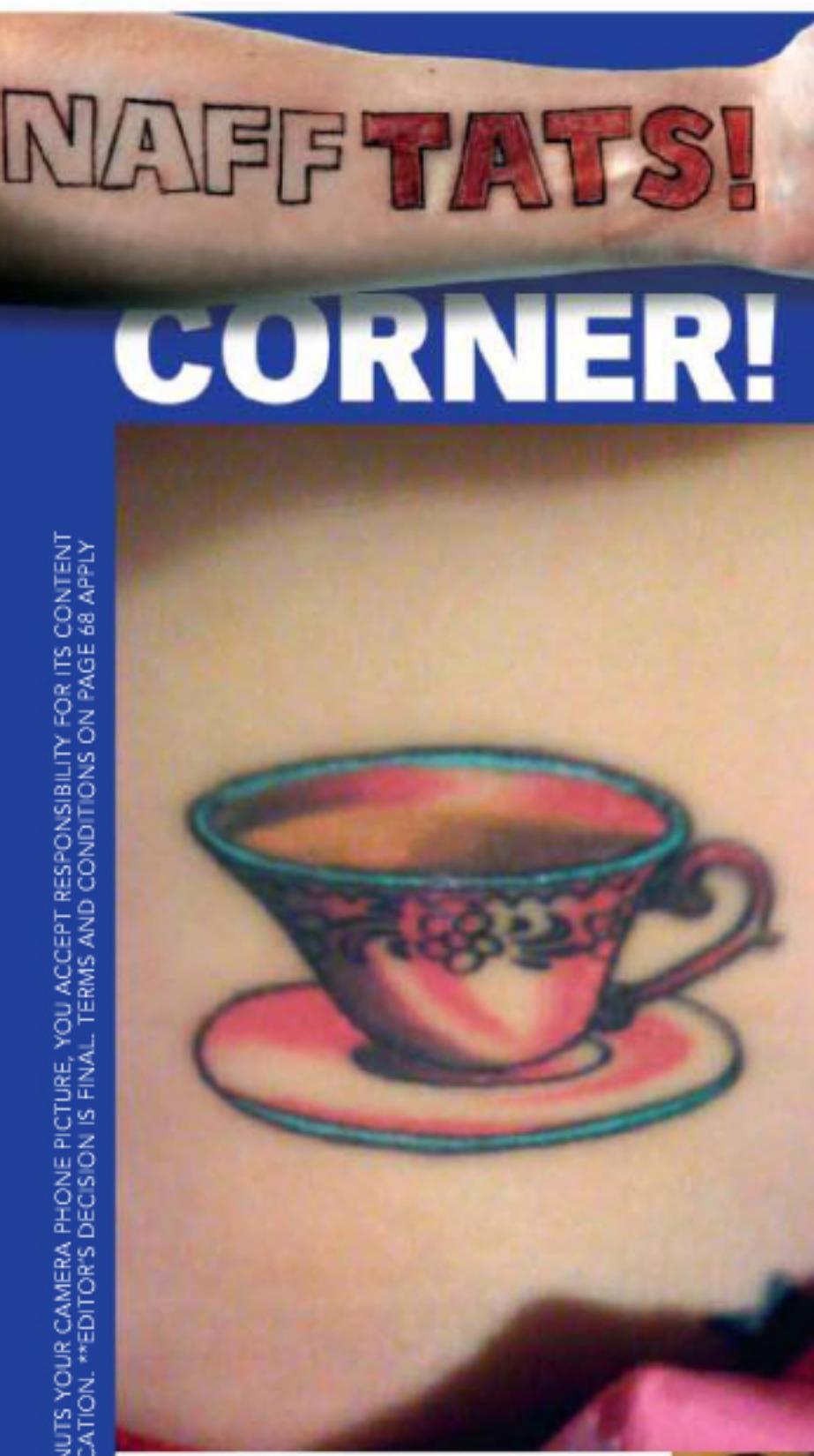


Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** Terms & conditions on page 68.



SUPER SUPPLIES!

"Now this really is a shop that covers all the bases!" **Anon, via text**



"My boyfriend thinks this looks stupid, but I think it's lovely!"
Jessica Reynolds, Newport



"It seems like my local shop doesn't get the concept of a sale!" **Declan, Armagh**



"I saw what they let kids play with in Madrid and I sh*t myself!" **Chris, London**



MAP MARVEL!

"I've just discovered where I want to grow old and die!" **Mike, Manchester**



"Has Alex Ferguson's hairdryer treatment gone too far?" **Ste Walmsley, via text**



"We had no Clingfilm so we parcel-wrapped our mate's car instead." **Anon, via text**

NUTS NEXT TOP MODEL!

ONLY IN
Nuts!

Introducing the hottest new models – in their first ever *Nuts* shoot!



Courtnie!

Plymouth's 32DD stunner!

INTERVIEW: RICHARD JENKINS PHOTOS: ZOE MCCONNELL HAIR & MAKE-UP: JOHANNA DALEMO STYLING: SPECIAL K

Hi Courtnie! How does it feel to have finally appeared in *Nuts*?

I'm so excited, I'm really, really happy! I only found out the other day so I'm totally over the moon!

How did you enjoy the shoot?

Brilliant! I was so nervous but everything's been great and I'm really happy with the shots!

Is this your first photo shoot for a magazine? Yes, this is my

starting point and it's good to be in *Nuts* because it's such a big step! I just hope people like me!

Who are your modelling inspirations? Rosie Jones, Lucy Pinder and Stacey Massey, who is also from Plymouth – you've got to support your local models!

How can men make themselves more attractive? I normally go for guys who make me laugh. It's not a case of making themselves look more physically attractive,

it's more about having a bubbly sense of humour.

What are your best assets? I'm quite a positive person. I always look on the bright side of things!

Where do you hope your career goes from here? I just want to carry on modelling. This is just the start for me. I'd be so happy if it continues for a while!

If you could do a sexy photo shoot with any model, who'd it be? Holly Peers! She's got great

boobs – I want them! I'd love to do a shoot with her on a sunny beach under the palm trees!

Want more Courtnie?

Want to see more Courtnie in *Nuts*? Email us at: topmodel@ipcmedia.com



**"Holly Peers
has great
boobs!
I want them!"**



BACKSTAGE WITH

Keith Lemon!

The Celebrity Juice host shows us around his bonkers dressing room!



CAKES!

"I don't know who sends these in but it's jolly nice of them all the same! This one has my name on, look! That's lunch sorted."



HOLLY AND FEARNE!

"Holly's hiding her bump – she's a baby machine. I'm handcuffed to them both in this photo – that's their dreams coming true!"



COWBOY HAT!

"I got this on a ranch in Montana for Keith Lemon's Very Brilliant World Tour. Everyone there had a 'tache, so for once I looked normal."

HAIR BRUSH!

"This is an amazing bit of kit if you want windswept, Owen Wilson-style hair. I always do my own hair. I'm sure it could double as a sex toy."



GUINNESS WORLD RECORD!

"This was for catching 11 lemons blindfolded with [Italian chef] Gino D'Acampo on *This Morning*, where I make a lot of appearances."

ROCKY MEMORABILIA!

"I got this when I saw Rocky IV. Brigitte Nielsen was on *Sing If You Can*, my new Saturday night ITV show. So I said, 'Sign this for us, love.' And she did!"

HOVERBOARD!

"This is from *Back To The Future 2*, which was set in 2015. It doesn't work now but in 2015, I'll go, 'It's working!' I can't wait!"

DOLL!

"A fan sent this doll of me. She said it's a 'crittercature' of me. Look how happy I am! It looks like me in every way, except I've got feet."

COWBOY BOOTS!

"A lot of my style is geared towards how Phillip Schofield dresses. Off camera, he wears cowboy boots. He only puts proper shoes on for the telly."

DVDS!

"This is where I make my money. Keith Lemon's Fit, my DVD with Deanne Berry from Eric Prydz's *Call On Me* video, got four out of five from *Nuts*."

MAGAZINES!

"I make sure I read all of the glossy weekly magazines so I know exactly what I'm talking about on my telly show *Celebrity Juice*."

FRUIT!

"I don't eat fruit but I do know that Jedward are scared of bananas. So I always keep a banana in my dressing room, just in case."

SNAKESKIN JACKET!

"Ronan Keating wore this in one of his videos. He said it was horrible when I wore it on *Celebrity Juice*. I said, 'That's funny', and cut to a clip."

BAYWATCH FLOAT!

"This was a prop from *Bo' In The USA*. I got The Hoff [David Hasselhoff] to sign it for me when he came on *Celebrity Juice*."

SECURITY POLE!

"I used to sell security poles for a living. I'd knock on someone's door and go, 'This will look good in your driveway.'"

Celebrity Juice, ITV2, 10pm, Thursdays. *Sing If You Can*, ITV1, 7pm, Saturdays

THE GANGS OF THE PHILIPPINES!

As the politician took this family snap, he was gunned down by the gang member in the background

Travel heaven or gang-filled hell? Nuts investigates...

Early morning, New Year's Day 2011 in Manila, the Philippines. Reynaldo Dagsa, a middle-aged councillor for the Barangay district, is out celebrating with his family. He steps back to take a snap... and is shot dead. The chilling photograph, the last thing Dagsa saw, shows his smiling family – and his assassin behind them, taking aim with a .45 pistol. As he clicked the shutter, Dagsa was literally staring down the barrel of

the gun that killed him. Dagsa was an outspoken critic of Filipino gang culture, and had been investigating the Pasaway Gang, a small but notorious group of robbers rumoured to be affiliated to Manila's larger gang scene.

GANG CULTURE

The 2007 census put Manila's population at around 1.6 million. But the real population of Metro-Manila, a massive compound-city that has swallowed up several surrounding cities into a vast urban sprawl, could be more than 20 times that.

Getting accurate numbers is impossible because of the huge, impenetrable slums that are the breeding ground for Manila's gangs. At the last

count by the Presidential Anti-Organised Crime Commission, there were more than 233 criminal gangs – ranging from small, local operations like the Pasaway Gang to massive, multinational Mafias.

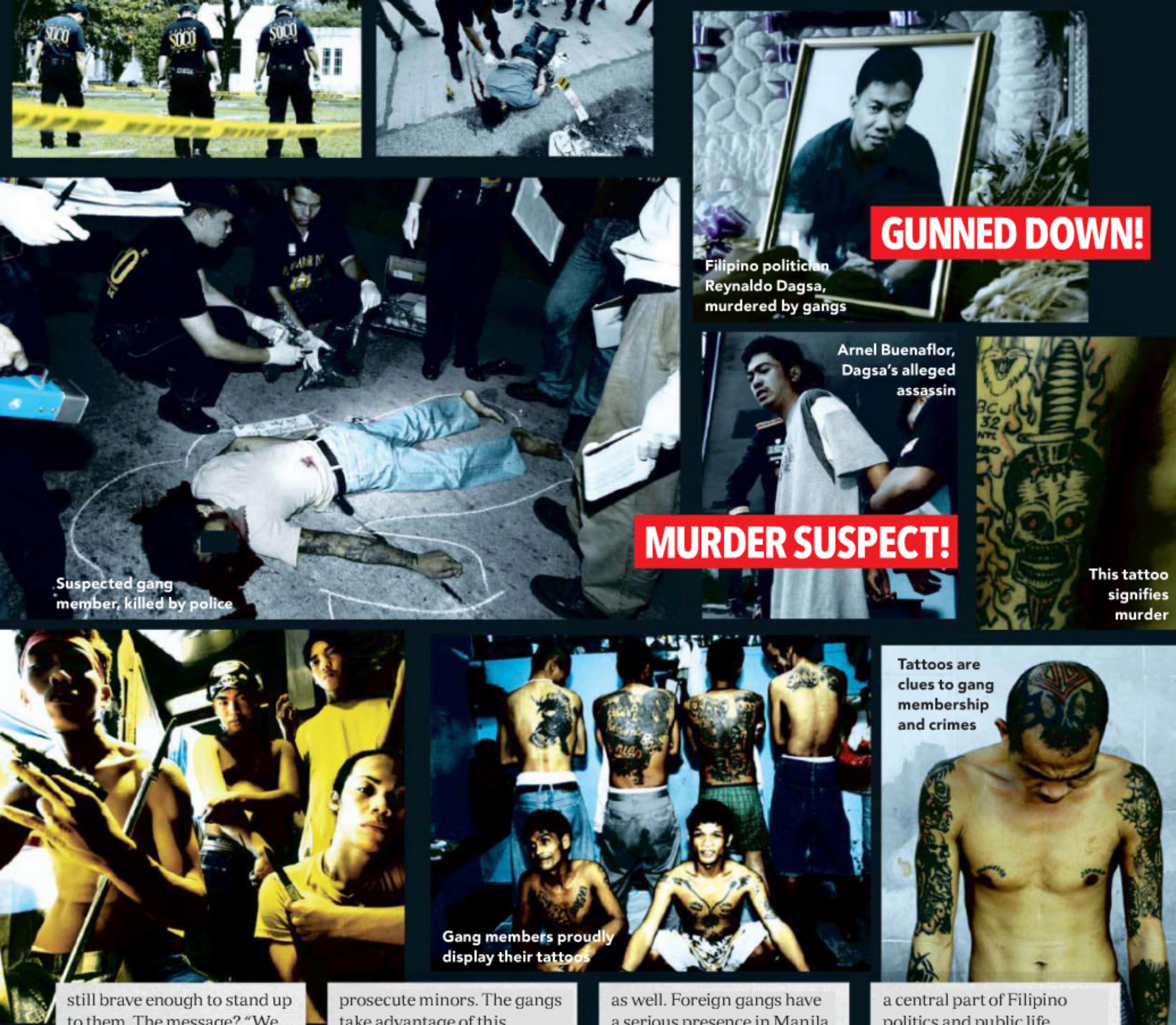
Tattooed tourists need to take care in the city. Body art is a visual signal of gang affiliation and criminal history. A spider web denotes time spent in prison, while a web on the left elbow means the wearer carries a deadly weapon. A skull with a knife through it signifies a murder. Cigarette burns are signs of machismo – they mean: "I'm hard and I'm not afraid of pain," and ultimately, "I'll die for this gang."

The main hub of gang activity is in Tondo, Manila,

one of the most densely-populated areas in the world, with more than 70,000 people per square kilometre. Here, a simple question-mark tattoo can very quickly get you in trouble because it marks you out as a member of the Bahala Na gang.

Bahala Na, whose name means "Come what may", is one of Manila's oldest gangs. Founded in the urban prisons where troublemakers were interned during the Japanese occupation of the '40s, the gang still recruits from prison inmates. Today, Bahala Na has an estimated half-million members.

Police say that the Pasaway Gang – and the larger gang they're affiliated to – were using Dagsa's death to send a message to any politicians



GUNNED DOWN!

Filipino politician
Reynaldo Dagsa,
murdered by gangs

Arnel Buenaflor,
Dagsa's alleged
assassin

Suspected gang
member, killed by police

MURDER SUSPECT!

This tattoo
signifies
murder

still brave enough to stand up to them. The message? "We rule this town."

Even bigger than Bahala Na are Sigue Sigue Sputnik. They have more than 700,000 members, and politicians and vast swathes of the police force are in their pay. They also have a paramilitary youth wing, the Sigue Sigue Commandos.

BLOODS & CRIPS

There's a clause in Filipino law, Republic Act 9344, that makes it all but impossible to

prosecute minors. The gangs take advantage of this, training children to pick pockets, break into houses, and deal drugs. When the kids grow up – if they live that long – they go on to become the gang's foot soldiers.

"If it's illegal," an inside source tells *Nuts*, "the gangs can make money from it. Sex and drugs are obvious, but all crime can pay."

The gangs also work for the police and politicians. The police and politicians need dirty work done and the gangs are for hire."

Big gangs like Sputnik and Bahala Na are international. Mass Filipino emigration has seen both open chapters in South America, the United States and across Asia. They have been reported in Europe

as well. Foreign gangs have a serious presence in Manila, too. In the wake of the Crip-Blood wars in California in the '80s, the US government deported many gang members to the Philippines. True Brown Style 13 is an all-female gang originally based in San Diego, California, but deported Filipinos brought the name to Manila. As the gang grew, they accepted male members.

Now, True Brown Style 13, the Bloods, and the Crips all run large-scale operations in Manila, using the Philippines as a staging-post for drug trafficking to Thailand, China and Malaysia. The Philippines is an attractive base because the police and politicians are so open to bribes. Corruption is

a central part of Filipino politics and public life.

While the US gangs operating in Manila tend to keep to business, turf wars between the home-grown gangs are frequent and brutal. A recent report said that 30 major gangs have been involved in violence over territory, including Sputnik and Bahala Na, as well as Trece Hudas, the Bulabog Boys, and Wasalak.

What happened to Dagsa isn't rare. Contract killing is big business, with activists, politicians and journalists all targeted. Worldwide, only Iraq is a more dangerous place to be a reporter.

Dagsa's chilling snap allows us to stare into the face of Manila, the city where the gangs rule.

There are more than 233 criminal gangs in Manila"



Weird photographs!

A good snap's all about timing, as these mad pics show!

All 100% real!

Devil man!
Either we're seein' havin' a laugh,



PAINFUL PLANE!

If this pic's not an illusion, the skydiver's going to need some seriously soft cushions if he ever wants to sit down again!

ZAPPED!

LUCKY LIGHTNING!

The key part of this isn't the hot blonde – it's the lightning going into her head! Take a look. Just for a second. Please!



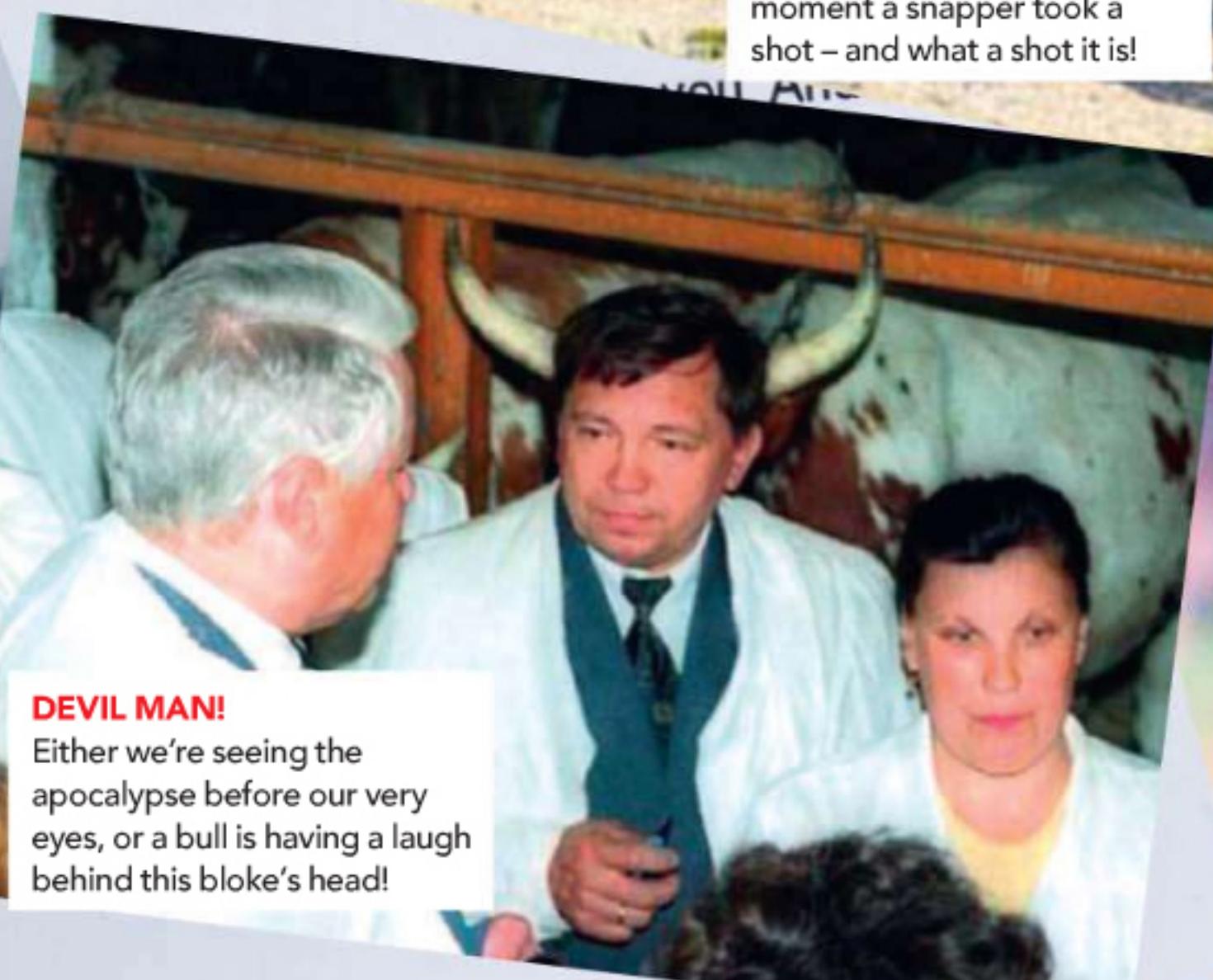
...ook a shot...

FLOORED!

...ook a shot...

FALLING ELEPHANT!

Nelly here took a tumble in her zoo home at exactly the moment a snapper took a shot – and what a shot it is!



DEVIL MAN!

Either we're seeing the apocalypse before our very eyes, or a bull is having a laugh behind this bloke's head!

BONKERS PHOTOS

WEIRD WINKIE!

We don't normally print pictures of men's winkies. Things that look like them, however, are fair game!

POOPING PENGUIN!

The ancient Romans used to take great interest in each other's toiletry habits. Penguins must be similar!

FLYING DOG!

We learned the hard way that you take a mutt's Frisbee away at your peril. This lady's about to discover the same!

WATCH OUT!

WALKING ON WATER!

Jesus is alive and living in this bloke's garden. We tried this but ended up wet, and chased out of someone's backyard.

LEGLESS!

CAT MISSILE!

No, this isn't some kind of futuristic hover-cat! This moggie's just running so quickly that his legs are a blur!

BLOKE WITH LADY'S LEGS!

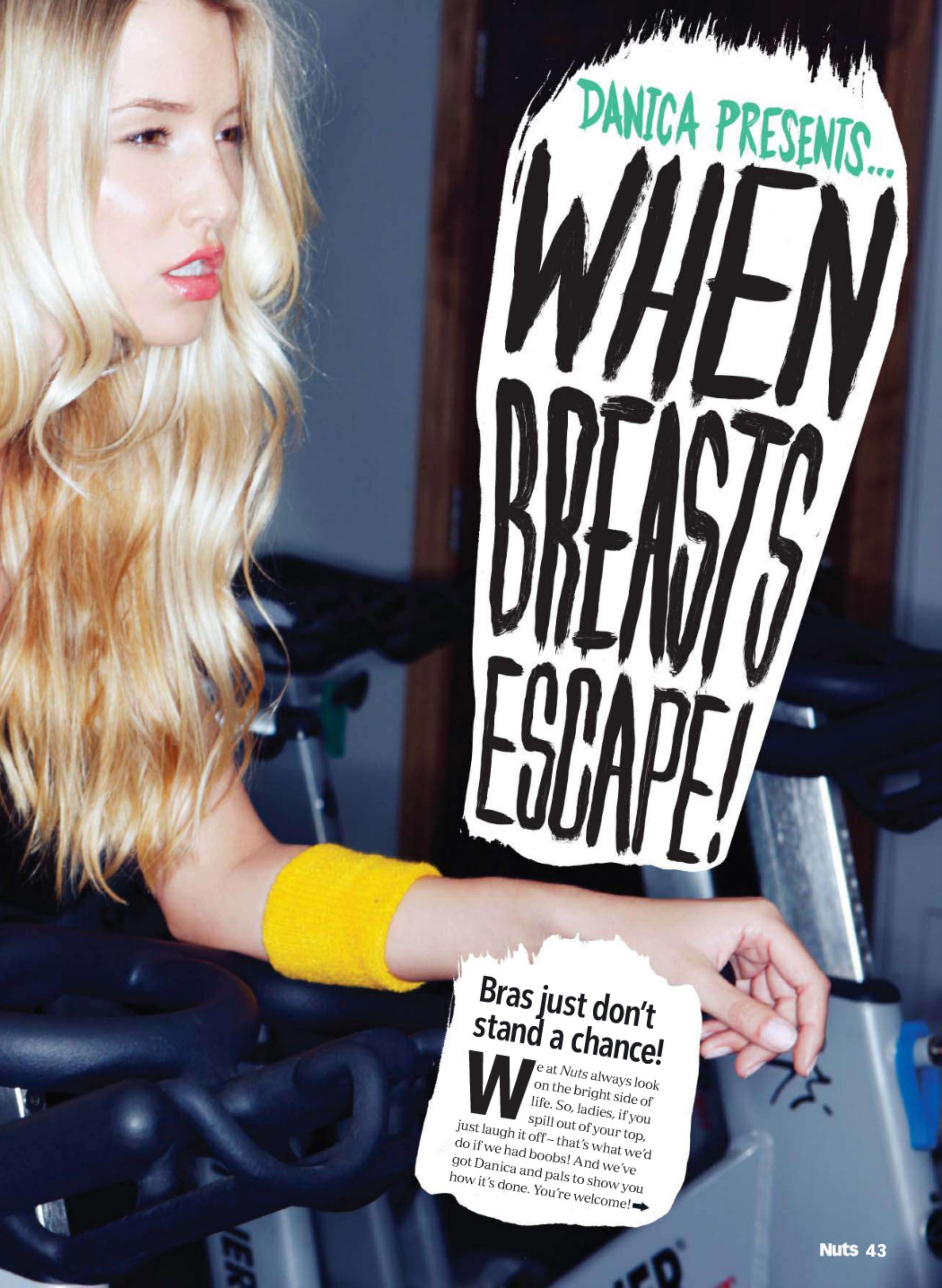
We hope this is just a trick of the reflective walkway – otherwise this lad will have some serious explaining to do!

SWINGING STATUE!

You know those blokes who dress as statues and hang around city centres? They're not always your friends! ■

**WHEN BREASTS
ESCAPE!**





DANICA PRESENTS...

WHEN BREASTS ESCAPE!

Bras just don't
stand a chance!

We at Nuts always look on the bright side of life. So, ladies, if you spill out of your top, just laugh it off—that's what we'd do if we had boobs! And we've got Danica and pals to show you how it's done. You're welcome! →

WHEN BREASTS
ESCAPE!



Hi Danica! Have you ever popped out in public? No, I can't say that I have – apart from today. I usually try to keep everything wrapped up! **If you saw a girl with a boob out, would you tell her?** I'd keep it to myself as I'd be too embarrassed to tell her! If she didn't realise and I thought she'd embarrass herself, though, I would. We'll have to wait for it to happen and see! **What's the best thing about having big boobs?** It makes you feel more womanly. I couldn't really be without them. I usually wear more covered-up things but sometimes I do feel like it's nice to be able to show them off, hide them, make them look bigger, make them look smaller... They're very versatile, my boobs!

What's your sexiest piece of clothing? I've got this dress that looks like it's made of bandages. It's quite cleavagey but then everything else is quite covered up, so you can have your bust out. It's tight and very sexy, though. I'm a believer in the old "legs or boobs" rule, never both. Except on a *Nuts* shoot!

If you could be one person for the day, who would you be? Hugh Hefner! I love the Playboy mansion and all the girls in there are so beautiful, I can't think of anyone cooler!

If you were a man for a day, what would you do? I love being a woman so much that I couldn't even contemplate being a man! I know you want me to say something rude here but I won't! Ha-ha!

Is there a celebrity you fancy but you shouldn't? There is but I'm not telling you! I might meet him some day... ➤



**"Big boobs
make you feel
more womanly"**



EMMA AT THE SUPERMARKET!

Hi Emma! What's the longest you've gone with a boob out without knowing?

I was on one of those massive water slides in Florida and as I was going down, I felt my bikini bottoms going wrong. When I got to the bottom and stood up, they were all over one side – everything was on show! I hoisted them back over so no one could see, but I didn't notice that my boobs had also popped out!

If you saw a girl with a wardrobe malfunction she hadn't noticed, would you tell her? Yes, because if that was me, I'd just die of embarrassment. Wouldn't it be better for somebody to tell you rather than you carry on and just let everybody see?

Do girls ask to feel your boobs? Sometimes. They ask me if they're real and I'll say yeah, and they're like, "Can we have a feel?" I usually ask if I can feel other girls' boobs. **What bloke do you fancy but know you shouldn't?** James Corden. He's really funny! It's his personality. I was at the gym the other day and they had the music videos on – the Comic Relief Take That one. I like people who don't take themselves too seriously.

If you could be anyone else for the day, who would it be? I'd be you! You've got a pretty cool job and you always get to meet interesting people and talk to models all day! What could be better?

If you were in charge of Nuts for a week, what would you do? I'd put me on the cover of it, for starters! I'd have a few naked men in there, too! There are a lot of girls who read Nuts and you don't cater to your girl audience! ➤



"I fancy James Corden. He's really funny!"

**WHEN BREASTS
ESCAPE!**



"I can make my tongue move in all sorts of ways!"



Hi Sabine! Did you

enjoy popping out on

the pool table? Yes!

I was wearing dresses that were really nice. I liked it. It was refreshing and sexy.

Have you ever gone around with a boob out?

Actually, I have! Things just seem to happen. My top goes down, or my nipple will come out, wanting to say hi to the world. It's not my fault!

Do you like having big boobs? I'm happy with what I've got. I love my boobies, because they're my babies! I always take care of them, rubbing oil into them...

Crikey! So how can a guy impress you in a club? Don't stare at my boobs and just be normal, like you want to be my friend. That's how it starts. You just get to know each other.

Is there anything unusual about you? Quite a lot of people say I'm funny, even though I'm not trying to be! I've also got a long tongue and I can make it move in all sorts of ways!

Jeepers! Does that come in handy in the bedroom?

Probably, yes. Of course!

If you were in charge of

Nuts, what changes would you make?

I'd like to have it so you could press a button on each page and hear the recording of the interview. The big shoots should have a close-up, and you press on one booby nipple and the girl would say, "Hi, I love you!"

What kind of girl would you go for if you were a man?

Somebody with a small waist, and nice bum – and boobies.

You're just describing

yourself! Maybe if I could do it with myself, I would! How weird would that be? Hmm, that would be interesting! →



**WHEN BREASTS
ESCAPE!**



**"If I was a man,
I'd sleep with
loads of girls!"**

India IN THE DINER!

Hi India! Have you ever had a wardrobe malfunction? I was wearing a jumpsuit at a regatta. It was strapless so I didn't have a bra on. One of my friends banged into me and my top came down! It was really embarrassing! **What if you saw a girl with a boob out – would you tell her?** I'd probably have a bit of a laugh and check out her boobs. But then I'd tell her. I don't think a man would – he'd just enjoy the view! **Do girls ask to feel your boobs?** Yeah. And I usually let them! I also ask in return! It happens quite a lot on *Nuts* shoots. I do think sometimes being a glamour model, we're a bit too friendly. I've got pictures of us all on nights out, ridiculously drunk, and we're in clubs, looking... let's just say it wasn't appropriate, and I can't believe we didn't get kicked out!

Who are the best blokes in a club? The ones who dance and don't try it on with you.

When's the last time you saw a bloke and thought, what an idiot? Every day! On the shoot earlier, we saw a man in a dress with a shaved head, and he was wearing a dress and tights. And he was, like, 50! It's a bit weird when we come to London – we always see really random people.

If you were a man for the day, what would you do? I'd sleep with loads of girls!

What would you do if you had three wishes? Give me loads of money to go shopping. I'd go on holiday... these are really shallow wishes, aren't they? Ha-ha! My third wish would be for a nice *Nuts* reader to come and sweep me off my feet! ■



Nuts SPORT

LAST TO BE PICKED, EVERY WEEK!



1 NOT A DONE DEAL!

Stoke are a bogey team for Man City – they haven't lost to them since 2009 and beat them in last year's cup. This could well end up being a classic encounter.



2 THE GAFFERS!

Man City boss Roberto Mancini is known for his sartorial style. Tony Pulis, though, dresses like a ten-year-old on a day out at a castle. Will he don a suit for Wembley?



3 STOKE'S NEW KIT!

Doesn't it look like Inter Milan's strip? A dig at Mancini maybe? Ryan Shawcross hopes it'll help them "play like Inter Milan, too!" Though it's not likely!

PHOTOS: GETTY IMAGES, COLORSPORT, SOLO SYNDICATION, ACTION IMAGES, BACKPAGE IMAGES

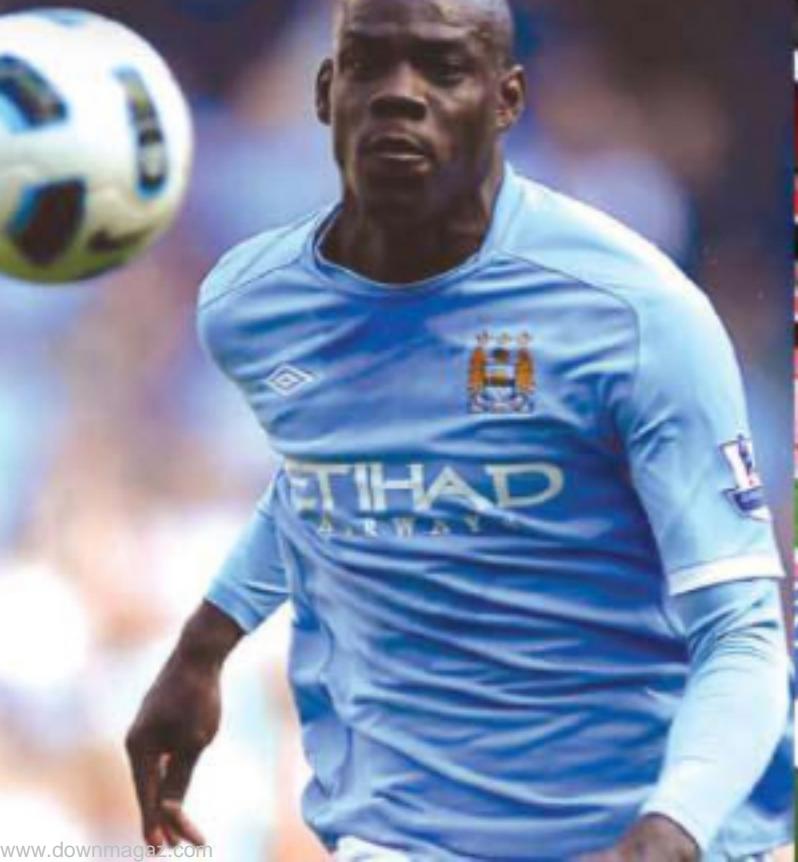


FA CUP SPECIAL!

10 reasons why the final will be great

6 MARIO BALOTELLI!

What can you say about City's barmy striker? From throwing darts at youth team players to confronting rival fans in the street, mad Mario is always good value.



7 THE PITCH WIDTH!

Because of Delap, Stoke's pitch is the narrowest in the Prem, while Man City have the widest. On Wembley's monster pitch, City might just have the edge.



8 IT'S BEEN AGES!

Man City haven't won a cup in nigh-on 36 years, so they'll be going all out on Saturday. It's Stoke's first FA Cup final so we reckon they'll make the most of it, too!





4 DAVID AND GOLIATH!

City's owners have splashed out £816million on their 25-man squad, while Stoke have spent £40million! That's peanuts! Sort of.



5 RORY DELAP!

Stoke's main weapon? Delap and his nutty throw-ins. He's directly assisted 35 goals from his catapults – his average effort travels 125 feet!

Why the FA Cup is great!

Saturday's game might look a foregone conclusion – but we reckon we're in for a cracker!

Man City play Stoke in the FA Cup final. Sounds dull? Nonsense! From the madness of Mario Balotelli to Rory Delap's rocket throw-ins, both sides have enough to whet the appetite! Here are just ten reasons why we'll be grabbing a beer and watching the final!

Man City vs Stoke

Sat 14 May, ITV1/HD & ESPN, 3pm



9 KENWYNE JONES!

Will Stoke's giant target man torment City with his aerial prowess? Or will he shank open-goal chances as he did against Blackpool? Which Kenwyne will turn up? Exciting!



10 THE FANS!

Man City fans' new celebration where they all turn around and jump up is great, while Stoke have the league's loudest fans – clocking in at 101.8 decibels!

KAMMY!

ONLY IN
Nuts!



He's the voice of the fans – and he's only in *Nuts*!

"Don't think much
of this show. You?"



United can get Champions League revenge!

So the Champions League final at Wembley on 28 May will see Man United and Barcelona square up once again, and it's going to be an absolutely fantastic game.

Both sides progressed to the showpiece final without too many problems last week – Sir Alex showing what a brave and astute manager he is by sending out what amounted to a second-string side against

Schalke, and Barca saw off Real Madrid effectively albeit with a couple of dodgy decisions!

The last time these two teams met – the 2009 final – Barça ran out 2-0 winners, but Sir Alex's side have learned a lot about how to play European football since then, as their record of only conceding two goals in the competition so far attests to. Sir Alex will be more adventurous than his friend Jose Mourinho was when facing the Catalan side in the semis, and while he knows that Barça cannot be allowed to keep the ball for as long as they want, they also don't really like being attacked.

The expansive way Barcelona play leaves a lot of avenues that United can exploit, especially with the movement of Javier Hernandez up front and Wayne Rooney dropping off into midfield to create behind him.

The problem for United is, of course, the fact that Barcelona are basically the best side of this generation and as I've said before, probably the best club team I've ever seen. Lionel Messi is by far the most talented player on the planet, and Xavi and Andres Iniesta together with Busquets form the best midfield anywhere in the world, while Pep Guardiola is a savvy

manager who has already won a huge amount of trophies in his career at the Nou Camp.

We know that they will have the vast majority of possession, we know they will most likely score. What we don't know is whether or not they will have the spirit and the guile to come to the home of English football and see off the likely Champions as easily as they've brushed off so many teams in the last few years.

My head says Barcelona will be crowned Kings of Europe once more. But you can't write off Sir Alex Ferguson and his team – not just yet.

"My head says Barca, but don't write off Sir Alex"

KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

GREAT SCOTT!
It was fantastic to see Scott Parker named the Football Writers' Player of the Year. West Ham will miss him if they go down.

UNBELIEVABLY BAD!

JAV-ING A LAUGH!
What was Javier Mascherano playing at after falling over Cristiano Ronaldo's foot in the El Clásico last week? I was looking everywhere for a sniper!

What a day for Stoke!

It's going to be fantastic to see Tony Pulis leading his side out at Wembley for the FA Cup final against Man City on Saturday, and as a former player of the club I couldn't be more proud of what's happened at the Britannia. Pulis deserves so much praise for what he's done on a budget. Establishing Stoke as a Premier League side is achievement enough, but to get to a major cup final is amazing. The game is too tough to call, but I think it will be great, with both teams desperate to win!



He'd trapped his hand in the door again

DRAW KAMMY!

James from Sheffield sent this in. Top effort, James!

Kammy needs you!

Send your jokes, pics etc to kammy@ipcmedia.com. The sender of the best each week will win a signed Nuts T-shirt!



James, from Sheffield

Chris' crystal ball!

Chris predicts the week's big games!



1 MAN CITY VS SPURS

10 MAY, 7.45PM, SKY SP1/HD

"I reckon Harry Redknapp's side may just have one last push left in them, and this could be a game they might win. Mancini's City side will be tired out!"

KAMMY SAYS: 1-2



2 BLACKBURN VS MAN UTD

14 MAY, 12.45PM, SKY SP2/HD

"Even if Sir Alex sends out his B team against Rovers at Ewood Park, I think they'll be too good for them. Steve Kean's men have had a bad season."

KAMMY SAYS: 0-2

3 CHELSEA VS NEWCASTLE

15 MAY, 1.30PM, SKY SP1/HD

"A simple three points here for the Blues I reckon, with Didier Drogba and Florent Malouda on top form. Alan Pardew needs to invest in the summer."

KAMMY SAYS: 4-0



"Ha-ha! Look at the lanky get!"

Liverpool vs Spur

The two lanky hit-men talk to Nuts ahead of Sunday's cracker!

Carroll: "There's a buzz about Liverpool!"

Hi Andy! What's it like to be Anfield's latest hero? Everyone knows the Liverpool fans are up there with the best in world so to have had such a good reception from them means a lot. I've been given a great opportunity and I aim to take it with both hands. **Your arrival has coincided with an upturn in Liverpool's fortunes. What's changed?** I just think we've clicked. We've got some great players and it was only a matter of time that things turned round. The manager added quality to the squad, too, which is great. **What's Kenny Dalglish like to work for?** He knows how to talk to you as a footballer because he's been at the highest level. But the way he conducts himself, you can see

that the main thing for him is getting results for the club. He demands total respect for what he's achieved as a player and a manager in the past, but also what he's doing here now. It was an honour when I heard he wanted me to come here.

How does it feel being the second most-expensive player in British history? It's all a bit mad! I never thought I'd command that sort of fee! But it was out of my control. All I can do is do what I've always done – work hard and score goals. Simple, really!

Any regrets at leaving Newcastle? I love Newcastle and will always be grateful for what they did for me but I'm a Liverpool player now and I'm excited about what's ahead. Look at the youngsters coming through – they're brilliant.

There's a real buzz about the place and you can see why!

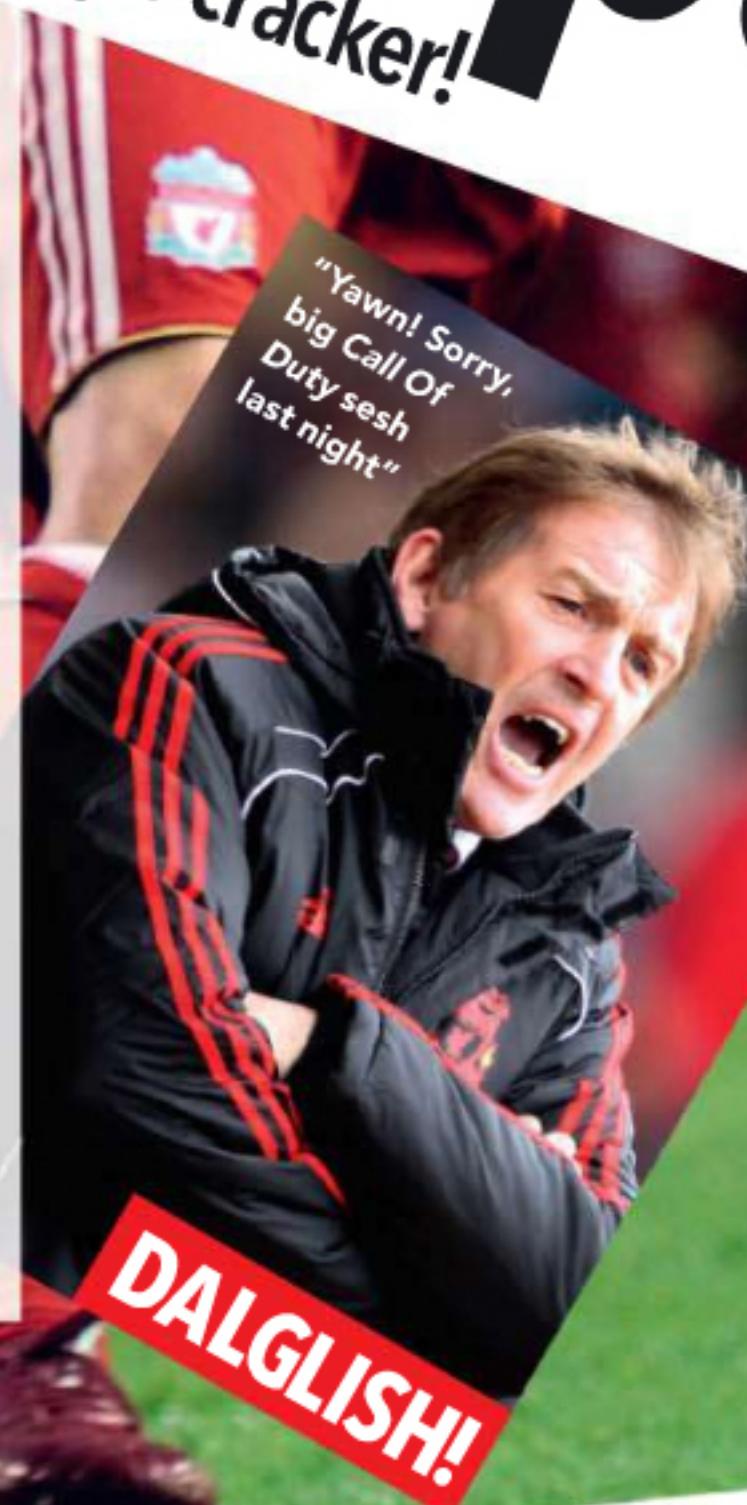
Your partnership with Luis Suarez looks to be a corker!

We've really hit it off. It's still early days but I hope we'll be helping Liverpool win things before too long!

Liverpool obviously won't win anything this season. What's left to play for? Fifth place.

We've been in good form, so getting that European spot is a massive goal. Liverpool fans expect European football and we'll be giving everything we can to try to make it happen. From a personal point of view, I'd love to play in Europe.

Thanks, Andy! Finally, what do you say to the cliché, "He's got a good touch for a big lad"? Ha-ha! I'm used to it. As long as I score and set up goals, I couldn't care less!



DALGLISH!



Spurs special!

Crouch: "We'll be league winners in the next few years!"

Hi Crouchy! What's it like to come up against your old mates at Liverpool?

Liverpool is a fantastic club and I really enjoyed my time at Anfield, but this game is all about three points for Spurs. **Has Spurs' recent form made fourth place unlikely?** There's still loads to play for. We've shown this season how good we are when our backs are against the wall. Maybe we haven't been as clinical as we might against some of the smaller sides but at the crucial bit of the season, I still expect us to respond positively.

Man City are in pole position, though. All we can do is win the games we've got left and see where it takes us. Whatever happens, it's been a great season. The club has experienced Champions League football for the first time, we've played some great stuff at times, too. A perfect end would be to get fourth and be able to experience that great ride in Europe again.

So you still believe? Of course! No one thought we'd do it last season and, well, we saw what happened. Why not this time around?

How important is Harry Redknapp at Spurs? We believe we can beat anybody, and, of course, that comes with results but it's also down to the manager. He likes a laugh and encourages us to believe in ourselves.

At the same time there's no one more knowledgeable in football, which is great for us. For him to take Tottenham into the Champions League is a great personal achievement. **Is it nice to know Spurs are many fans' favourite second team?** I'd like to think we entertain people. We always go out to win – I suppose with the players we have, there isn't much choice! We're never going to be a 0-0 team!

Just how good is Gareth Bale? He's frightening sometimes. He's got the total game. He's strong, he's quick, has great technical ability and can score goals. It's just a shame he's not English!

Finally, can Spurs really win the Premier League? Yes. Look at our players, the depth of our squad. We're building something exciting here. I honestly believe we can be Premier League champions in the next few years.

REDKNAPP!

"If you could move your car forward a bit, please, sir"

Liverpool vs Spurs

Sunday 15 May, 4pm, Sky Sports 1/HD

A-hunting we will go!

Cabela's Dangerous Hunts 2011 - America's best bits and no fatties!

With our bunnies, squirrels and the occasional angry badger, the wildlife of Great Britain represents slim pickings when it comes to big game hunting. And tagging a slow urban fox with your Nissan Micra feels less than heroic.

Our chums across the Atlantic, however, know how to hunt. And with a country brimming with grumpy fauna tooled up with sharp teeth, stomach-shredding claws and stinking bad moods, hunting the blighters has become both immensely good fun and big business. A business bossed by outdoorsy tradesmen Cabela

(the Adidas of shootin', fishin' and stabbin') who not only produce fine animal-ending products, but also video games to allow sofa hunters the thrill of the chase without the risk of stepping in raccoon plops.

Cabela's Dangerous Hunts 2011 pits you against virtual wildlife on safaris across the US and Africa, armed with your trusty hunting rifle – the brilliant Top Shot Elite, packing an amazing infrared sight for added realism. Here, cat-like reflexes and dead-eye skills mean the difference between a stuffed animal's head adorning your wall, or well, you being utterly stuffed. Let's go hunting!

Cabela's Dangerous Hunts 2011 check list

- Immensely cool light gun peripheral with added infrared sight.
- Intense gameplay with terrifying animals hunting you.



ACE GUN!

- Civil servants demanding a hunting licence.
- Bears, lions and crocodiles to bag.
- Beating a mate to a kill in side-by-side multiplayer galleries.
- Gnats, mosquitos and midges biting you in the eyes.
- Shooting slo-mo grizzlies in the heart.
- Risk of actual death by tooth and claw.
- Hunting across Uganda and America.
- Out on 6 May.



ON SAFARI!



MORTAL PERIL!



**OUT 6 MAY ON PS3,
XBOX 360 AND WII!**



*Cabela's
DANGEROUS
HUNTS 2011*

NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com



Shakira

► It must be amazing playing for Barcelona.

Not only do you get to knock a ball around with Messi, Xavi and Iniesta for a living, but if you're Gerard Pique, you also get to knock boots with super-hot songstress Shakira! Where do we apply?



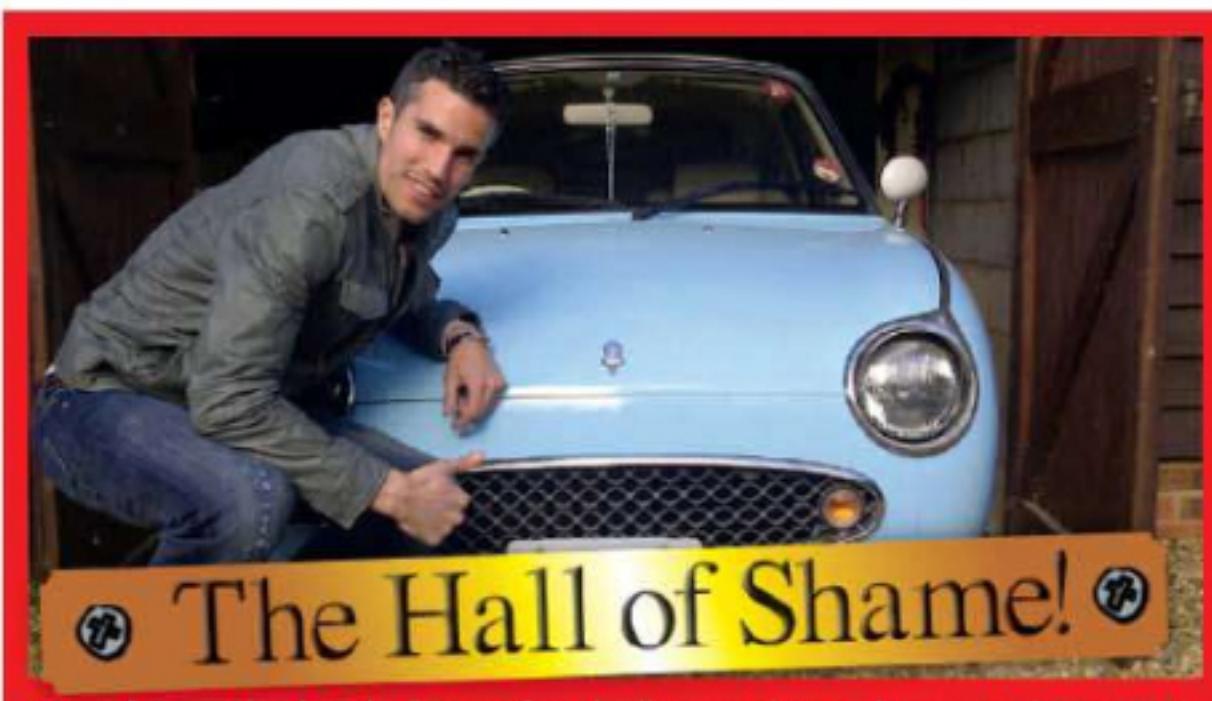
► As we know, you have to be insane to be a UFC fighter – just look at this pic of Mark Hominick after he got battered by Jose Aldo at UFC 129! Looks nasty, Mark, you might need some TCP on it.



► When Stoke fans see John Carew in this embarrassing get-up, they'll be asking for a new beanpole striker-who-doesn't-score-goals sharpish!



► We're really not sure why baseball umpire Dana DeMuth is calling Baltimore Orioles player Felix Pie out with such enthusiasm!



The Hall of Shame!

► You know the kind of car a footballer ought to drive – Italian, costs £100k, more gadgets than a space shuttle... So why is Robin Van Persie buying a Nissan Figaro with a one-litre engine? It's a toy car!

Vote in the Nuts Football Awards and win prizes!

Hurry! Get yourself over to www.nuts.co.uk/football/votingaward and vote for your favourites in the Nuts Football Awards – with categories including everything from Player of the Season to Dodgiest Barnet – and you might just win a top prize like a PS3 or an HDTV!

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

COMBOVER!

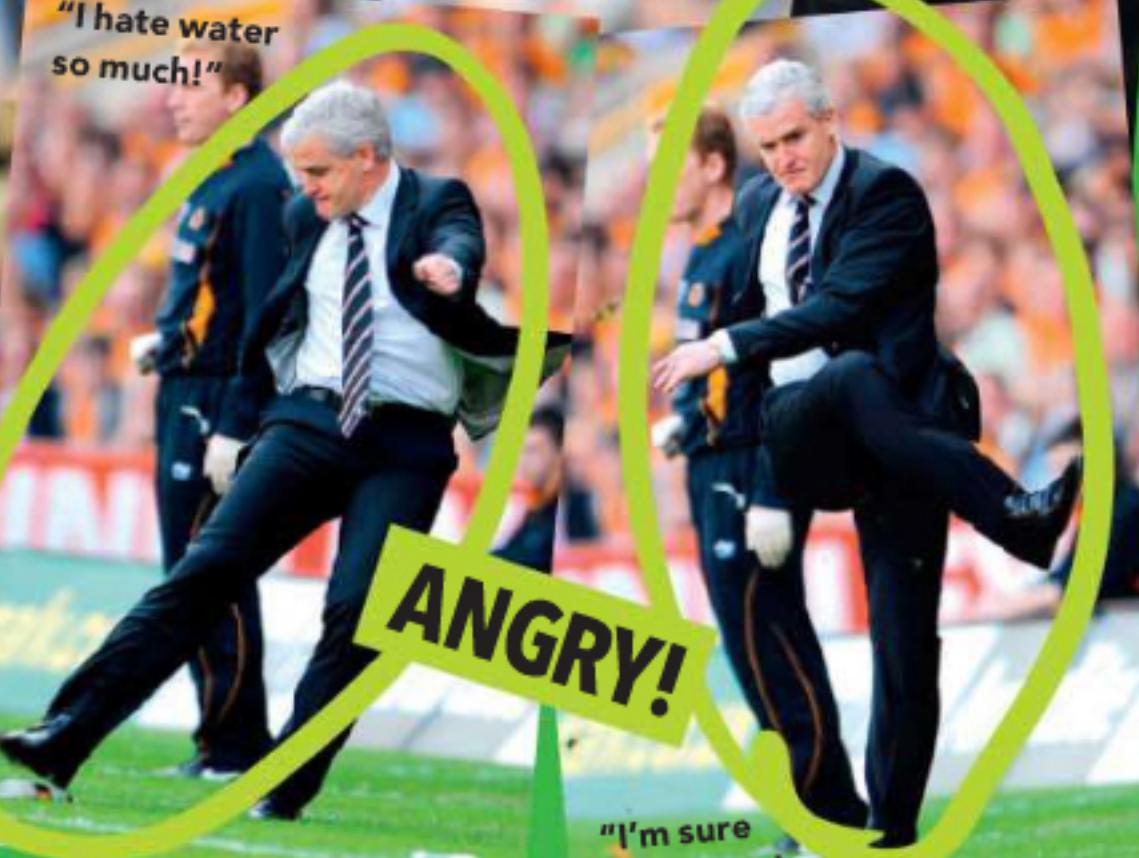


Don't do it, Jack!

"Nice tackle, Mr Wilshere!"



"I hate water so much!"



"I was actually aiming for an Elvis quiff!"

"I really love high boobs, me!"



MAN-LOVE CORNER!



**NEW TO Nuts!****MANAGER'S CORNER!****No.7 Neil Warnock****This week, the QPR gaffer!**

Hi Neil! If you hadn't become a football manager, what do you think you would have done instead? I would've been an accountant. I worked in an accountant's office and enjoyed every minute of it. I like maths! Surprising, really, I suppose.

What was your first car?

A Morris Minor, where you put the old indicator on and it flapped up on the side.

If somebody was making a film of your life, which actor would you like to play you?

It'd have to be someone good-looking, suave, sophisticated and debonair, someone similar to myself. Someone like George Clooney!

What's the nicest place you've ever visited? That would have to be the Blairmore & Strone Golf Club at Dunoon in Scotland. It's a really lovely, beautiful place.

If you had to sing a song at karaoke, what would it be?

Your Song by Elton John. I sing it a little bit better than Elton! **Have you ever been mistaken for anyone else famous?** The nose is quite characteristic,

really – I don't think anybody can double up on that. Actually, I think Ian Holloway once called me Mrs Doubtfire!

Thanks for the chat, Neil.

If you could throw a dinner party for any three people in history dead or alive, who would you pick? The Queen, I like the Queen as I've always been a royalist. I would've picked Brian Clough if he was still alive as he was my hero in football. I think Barbra Streisand, because I love her music, but other than that, no one else, really. I like my own company, you know. And my wife – she cooks a good meal.

And talking about cooking a good meal, finally, what would you serve up for this trio of dinner party guests? I've got a place down in Looe in Cornwall and the scallops and the lobsters that come in from there are unbelievable. So I'd probably do a seafood starter and then a Chateaubriand or something like that for us.

Visit the Dugout every week at www.yahoo.co.uk/dugout for new interviews with England's top football managers

Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal Or No Deal top tips!

Deal Or No Deal is a game enjoyed just by those who believe in a "system", right?

Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

You can win big money in the comfort of your own home!

HOW TO PLAY

- The idea is to get winning symbol combinations from spinning the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's 20 chances to win on each play!
- The progressive jackpot can only be won on the *Deal Or No Deal* bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

Click the number beside the reels, or the Bet One or Bet Max button. Choose Bet Max for the bonus game where you play for the biggest jackpots!

BONUS GAME

If you're betting on all 20 pay lines and you get three *Deal Or No Deal* bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

David R won £58,236
on *Deal Or No Deal*!**

"I was so shocked,
I took the day
off work. It's so
hard to believe
this is all real!"



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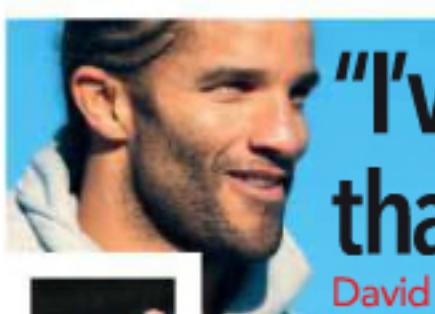
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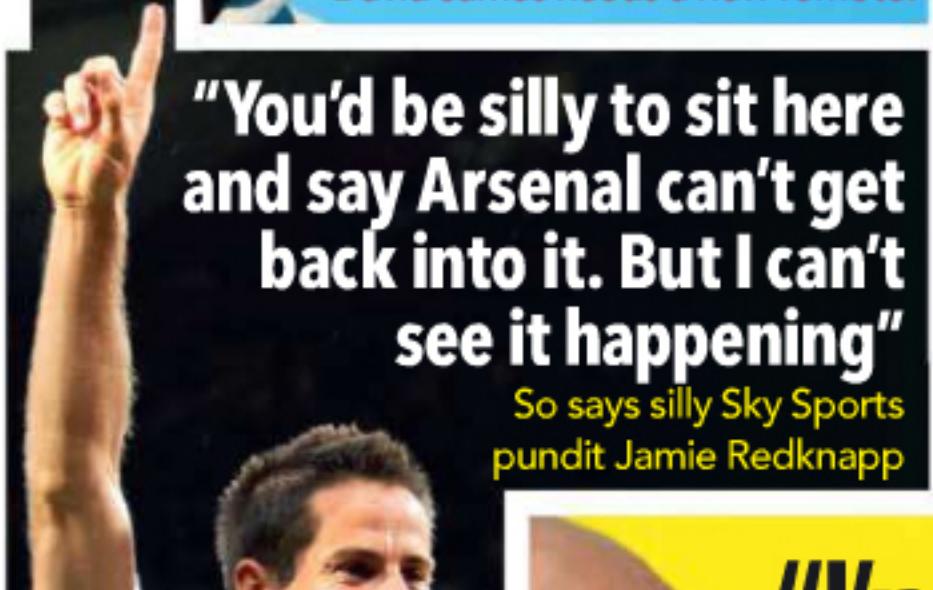
'QUOTE ME ON THAT!'

This week's biggest match debaters!



"I've got 550 TV channels but don't watch anything other than *Countdown* or *Deal Or No Deal*"

David James needs a new remote.



"Players say, 'I've wanted to play for Spurs since I was two.' It's a load of bullsh*t. Here's £80,000 a week. Lovely jubbly"

Harry Redknapp tells it like it is.

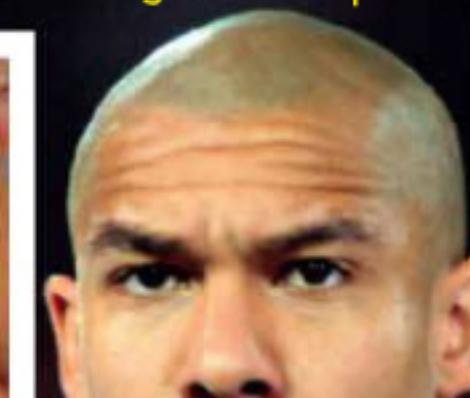
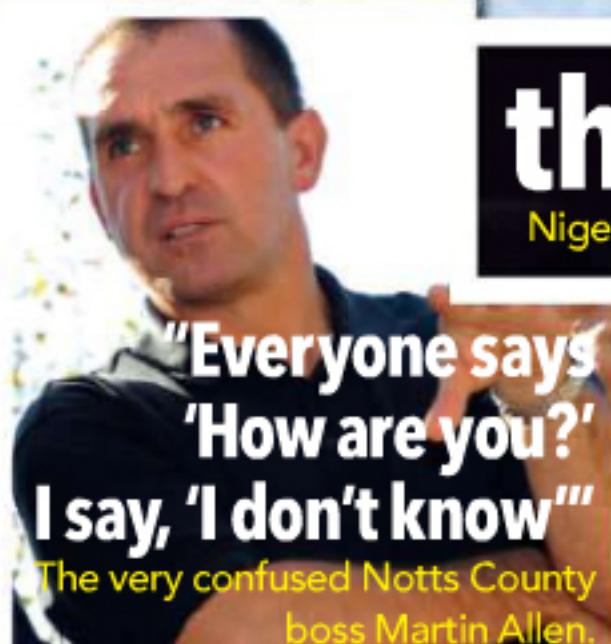


"When I'm on the pitch, I'm on the pitch"

Nigel De Jong knows his place.

"I'm a bitter, twisted and warped Bristolian"

Ian Holloway reveals the ugly truth.



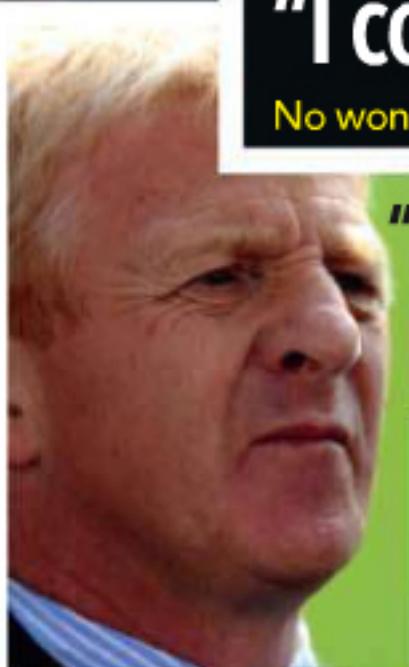
"You can't ask for any more than being five points clear with two games to go"

Maybe seven, Neil Warnock?



"The crowd are all sh*tting shouting for Sesignone to look up"

Iain Dowie slips up at Sunderland.



"I could bring up 300,000 pieces of paper"

No wonder Pep Guardiola is feeling sick.



"The Barcelona player should have been sent off for his haircut"

Gordon Strachan spots a blatant infringement.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"Gareth Southgate's been in the gents' toilet with Peter Crouch"

Adrian Chiles spills a secret.

"We're the only club that showers with its supporters"

Swansea boss Brendan Rodgers on his over-friendly Swans team.

"You don't want Drogba banging into you from behind"

Too right, Phil Thompson.



Nuts REAL GIRLS

THE BEST OF BRITISH HOTIES!

BEDROOM BABE!

SHERI-ANN

18, Dumbarton, student
"If a man only had a fiver, he could impress me by taking it to the bookies and expanding it into more money!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

The Pic She Sent Us!



Nuts REAL GIRLS

"My natural
32E boobs
always get
the boys'
attention!"

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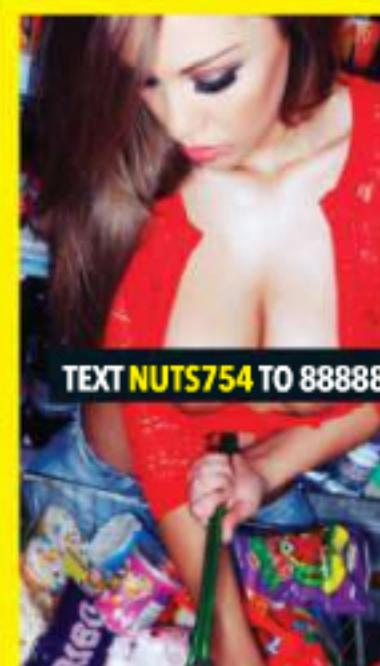
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BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN
Nuts!

Holly

22, Haslemere, receptionist
"My best features are my legs, they're really long – and I like to wrap them around things!"



Emma

25, Norwich, dancer
"The sun makes me go wild – so take me somewhere hot on holiday for a great time!"



Hanna

23, Chelmsford, estate agent
"I have a few sexy outfits but I love the schoolgirl look most of all. Stockings are a must!"



Georgia

18, Northants, choreographer
"I like a guy to be quite well dressed but still a little bit rough around the edges!"



Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

Nuts vests & hotpants!

Grab your Nuts kit online now!



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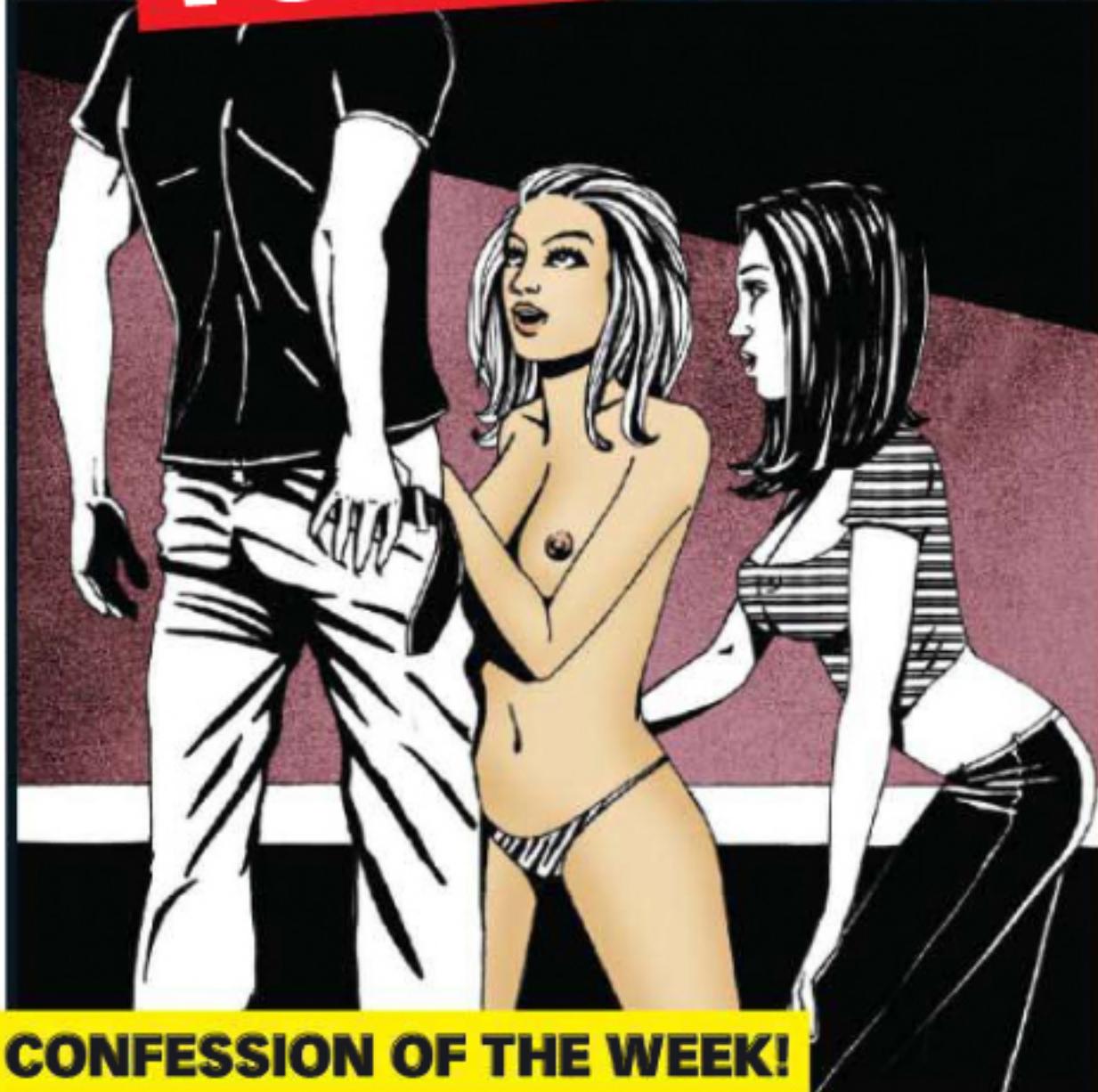
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LADIES CONFESS! TO OUR SECRETARY!

100%
REAL
STORIES!



IT'S LOU!



CONFESION OF THE WEEK!

'She sank to her knees'

During a girly night at home, one of my flatmates admitted that her man produced a large amount of come – she said it covered everything and it really turned her on. Later, I confessed that I'd love to see it, as I'd never seen more than a dribble from my own boyfriends. A few nights later, she had him over and told me to wait by the door while she blindfolded him. She sank to her knees and pleasured him, and I moved in quietly next to her, gagging for a go. I took over as his moans increased and he thrust in and out, coming just as a huge gush of warm liquid hit my mouth. I pulled away as more covered me, just like a porn star! I want the real thing all for myself next time!

Candy, Barnes

'My sister caught us at it'

My boyfriend and I went on holiday with my family recently, and we shared a big suite with my sister, so it was difficult to

get time alone. One morning, my sis got up for a shower, giving me and my man a few minutes on our own. I could already feel him getting hard against my bum so I quietly rubbed my clit, which was already throbbing

and ready for action. Gently guiding his erection between my legs, I gasped as he pushed hard against me, squeezing my nipple as he did so. He slowly pumped away, even when we heard the bathroom door open and my sister start walking around. She knew something was up when I started moaning and the bed began moving faster and faster. By now I didn't care that my breasts were exposed and jiggling about. He let out a moan and came inside me with my poor sister just staring at us both! She didn't seem in a rush to leave though!

Chrissy, by email

'We tried out the toys'

Last month, I hosted an Ann Summers party for some old school friends. We all had a few drinks and played with kinky outfits and sex toys. Personally, I was getting really turned on by the end and I could tell my best friend was, too. She and I had tried kissing and touching when we were younger and she had the same dirty look in her eye as I did. She waited until I'd shut the door on my last guest, then pushed me against the wall, kissing me full on the lips. I heard something vibrate and, grinning, she held up a pocket vibrator she'd just bought, flicking it across my T-shirt. My nipples stiffened and then she ran it up and down my body, stopping at my crotch. We spent

the rest of the night trying out all the toys in my collection!

Laura, Bristol

'I watched us in the mirror'

My mum and dad have been getting our kitchen done and the guys who came to fit it were really cute. One of them kept giving me cheeky winks, too. One day, I stormed home from college after being dumped by my boyfriend. I was feeling so miserable, I ended up blurting it all out to the cute builder. My parents were at work and his boss was out, so we had the place to ourselves. He offered to make me feel better and, feeling reckless, I decided to take him up on his offer. We started kissing, then I grabbed him and pulled him into our mirrored bathroom so he could watch as I gave him my best blowjob. We heard a car outside and had to stop our fun, but we agreed to meet up that night. Meanwhile, my ex called to try and apologise – I told him where to go!

Becs, Coventry

Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 68. The best one each week* wins £50! Come on, girls!

REAL GIRLS, REAL PLACES!

ONLY IN
Nuts!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 68. You must be at least 18 years old.

THIS WEEK:
Name: Jeanette
Age: 20
Boobs: 34DD.
"All natural!"
Likes: "All types of men!"
Ever kissed a girl? "Yes, for fun!"
Strangest place you've had sex?
"On a cliff!"
Sex tip:
"Be adventurous!"

Jeanette's juicy guide to Ripley

The Nuts bus stops in Derbyshire!



HELLO!



Jeanette on... her home!

"There's nothing to do in Ripley. I have to head to Derby for a night out. I've just moved in here, so I'm having a big housewarming. Wanna come?"

Jeanette on... her bed!

"I like a lie-in when I've got a hangover but I usually have to get up early for work! I'm a cuddler but I've been told I kick in my sleep so watch out!"

Jeanette on... her boobs!

"I'm a 34DD, all natural! I love my big boobs but I either cover them and get the legs out or vice versa, but never both or you look a bit of a tart! Ha-ha!"





Jeanette on... her hair!

"I'm naturally blonde but now I've come to the dark side. Brunettes have more fun! I have to dye my hair every two weeks or I'll get blonde roots!"



"Boobs out or legs out, but never both!"

Jeanette on... her friends!

"I'm constantly on my phone – I'd be lost without it! I've got different friends depending on whether I'm eating, chatting up boys or getting hammered!"



Jeanette on... her eating!

"I'll either eat loads or nothing at all, I'm a bit bad at binge eating! I love crisps, cheese and biscuits, pizza, chips and a nice big greasy kebab!"

Jeanette on... getting ready!

"It takes me an hour to do my hair, half an hour for make-up and another half-hour for the rest. But getting my outfit ready can take all afternoon!"





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poker face**

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PKR
let's play

10 RUDE QUESTIONS!

THIS WEEK:
Charley

20, Surrey

1 Where's the strangest place you've had sex?

"That'd be in a swimming pool on holiday. It was really good – I'd do it again!"

2 What's your trademark move in the bedroom?

"My boobs are a 30H, so they're definitely good for putting something in between – they're certainly big enough!"

3 What's a guaranteed turn-on for you? "I do

like soldiers. Someone who might crash through my bedroom window in the night with a big machine gun!"

4 Is it better to give or receive? "I really enjoy both but I'd say it's better to give – at the start, anyway. You can receive later! I'm a giver!"

5 What's the furthest you've been with a lady?

"I've kissed girls and had a bit of a grope but no more than that. I've got nothing against taking it further if it ever comes up. It all depends on the girl!"

6 What's your rude fancy-dress outfit of choice?

"A policewoman, again because I like being in control and there are weapons! I could handcuff you to the bed – maybe I should actually join the police!"

7 Have you ever made a sex tape? "Yeah, with a boyfriend on the phone.

He recorded it so it was pretty much just me! I was acting a little bit sluttish but it's fine!"

8 What's the single rudest thing you've ever done?

"I once modelled at a swingers' party and I enjoyed the scenery so much, I decided to go to one. It was incredibly hot!"

And a Real Girl
to answer them...



9 What's your favourite position? "On top, because it means I'm in control. Men like to dominate most of the time, so it's nice to turn the tables on them. Nobody's complained yet!"

10 What sexual thing have you not done that you'd like to?

"That'd have to be a threesome with two guys. Maybe a couple of soldiers! It'd make a change to be told what to do!"

Nuts FASHION

Cover your feet with a stylish summer treat!

PHOTOS JIM LINCOLN



10 deck shoes

BASE LONDON £60
Some ballsy shoes for
your summer wardrobe.

TIMBERLAND £90
These guys don't just do
great worker boots.

SEBAGO £100
Top quality, these are
worth the investment.

**THE DUFFER OF
ST GEORGE £35**
This canvas pair'll keep
your feet looking fresh!

**SOUL CAL AT
REPUBLIC £20**
We love this denim twist
on the classic style.

STOCKISTS: SOUL CAL: WWW.REPUBLIC.CO.UK. DUFFER OF ST GEORGE: WWW.JDSPORTS.CO.UK. BASE LONDON: 020 8532 0000. MOMENTUM & TIMBERLAND: WWW.SCHUH.CO.UK. BURTON: WWW.BURTON.CO.UK. TOPMAN: WWW.TOPMAN.COM. ALDO: 0808 1010 5659. SEBAGO: WWW.SEBAGO.COM. SPERRY: WWW.SPERRYTOPSIDER.COM.

BURTON £40

A nice two-tone style at a great price.



TOPMAN £28

Grab these online – it couldn't be easier!



MOMENTUM £31

These red, white and blue numbers make a great change from navy or brown!

ALDO £45

Cool hi-top style from a high-street name.



5 BLACK PEPPER PRODUCTS



1 KING OF SHAVES SUPER CHARGED BLACK PEPPER SHAVING GEL £4

Great for sensitive skin.

Stockist: Tesco

2 ORIGINAL SOURCE MEN SPORTS WASH WITH BLACK PEPPER AND SEA SALT £2

We're big fans of Original Source. Their stuff smells great.

Stockist: Tesco

3 MOLTON BROWN RE-CHARGE BLACK PEPPER BODYSCRUB BAR £13

Packed with the peppery stuff, this'll leave you smelling great.

Stockist: moltonbrown.co.uk

4 PORSCHE DESIGN THE ESSENCE EDT £20

With fresh notes of black pepper, this is bang on for everyday.

Stockist: amazon.co.uk

5 THE GENTRY GROOMING CO THE EYE CREAM £14.95

Just one part of their whole black pepper and mint range.

Stockist: gentrygrooming.com

Nuts REVIEWS

GAMES!



Brink lets you play as either Security (the cops) or Resistance (rebels)

BRINK

PC, PS3, XBOX 360



New first-person shooter franchise with more than enough that's bright and different about it to be compelling.

The cartoony look is fresh and

clean, you can bomb about over almost any surface with ease and the set-up – different factions duking it out on future megalopolis The Ark – is interesting and convincing. Class-based multiplayer's great too. Definitely worth a punt. ★★★★



OUTLAND

XBOX LIVE, PLAYSTATION NETWORK

XBOX LIVE

2D platformer and shooter. There's a light/dark dynamic as you vary powers for attack advantage and scenery reveals. A gorgeous-looking package that's a hoot to play. ★★★★



DARKSPORE

PC



Action RPG. Your beasties fight other beasties, then you make tougher beasties to fight tougher beasties. A voracious time-eater, if a little repetitive. ★★★

APPS!



RICHARD HAMMOND'S TECH HEAD

IPHONE, IPOD, IPAD



The Top Gear bloke reviews gadgets in an attempt to make sense of the modern world's complicated technological gubbins. Geeky fun. ★★★★

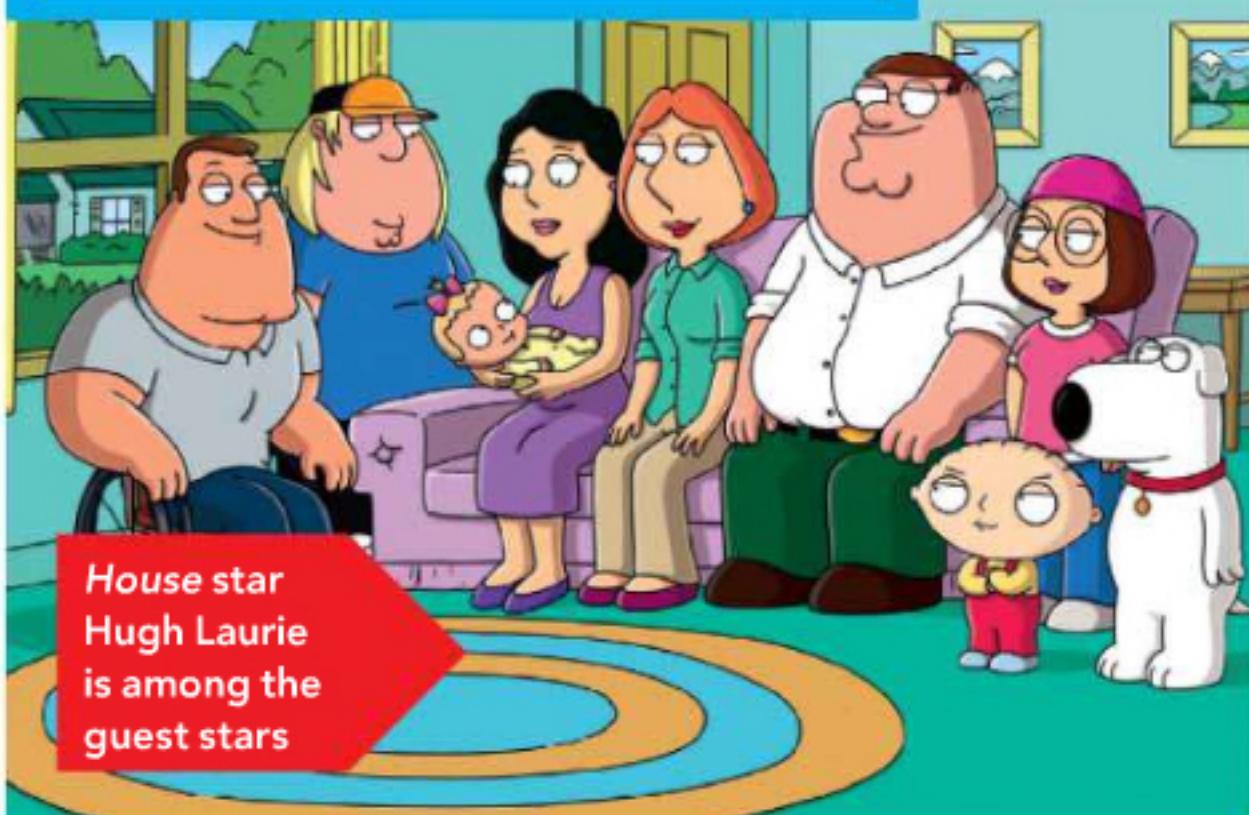
TIGER WOODS: MY SWING

IPHONE, IPOD, IPAD



Fed up hacking around the pitch & putt? This'll help tighten up your swing. It boasts video capture and swing comparison with the man himself! ★★★★

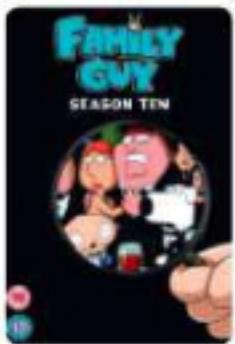
DVDS/BLU-RAY!



House star Hugh Laurie is among the guest stars

FAMILY GUY: SEASON 10

DVD CERT 15



A three-disc set of one of the funniest shows ever to grace your goggle-box, featuring, confusingly, the final 12 episodes

of series eight and the first three of the ninth. From the episode where Peter takes over his father-in-law's billion-dollar business empire, to the one where Peter discovers Carter's having an affair, every last one's a gem. ★★★★

THE WAY BACK

DVD & BLU-RAY CERT 12



Engrossing Second World War drama. soldiers escape a Siberian gulag and trek to freedom. Colin Farrell stars. Awesome. ★★★★

THE RUNAWAY

DVD CERT 18



Martina Cole's hard-hitting '60s-set tale of childhood sweethearts whose lives follow distinctly unpleasant paths. ★★★★

I SAW THE DEVIL

DVD & BLU-RAY CERT 18



Gory Korean flick about a secret agent seeking revenge on the serial killer who offed his fiancée. Brutal. ★★★★

MUSIC!



HED KANDI SERVE CHILLED: ELECTRONIC SUMMER



The ideal companion to lazy summer evenings, with choons from the likes of Beth Ditto and Hercules & Love Affair. ★★★★

WILD BEASTS SMOTHER



This Leeds lot mix punk, folk, falsetto vocals and other odd stuff, but those of an indie bent will gobble their new album up. ★★★

All the latest action-packed releases

Ratings: ★★★★ Genius ★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Director Joe Cornish is half of radio's Adam & Joe Show

ATTACK THE BLOCK

CERT 15

When "big alien wolf motherf**kers" invade a London housing estate, a gang of kids get strapped with super soakers and fireworks to teach the extra-terrestrial menace a lesson. It gets proper gnarly as the body

count rises. The producers of *Shaun Of The Dead* and *Hot Fuzz* (Nick Frost appears too) bring the laughs as the youth spout "bare" one-liners – "Sh*t man! I wish I was at home playing Fifa!" It's pucka! Ya get us, blud? ★★★★



PRIEST 3D
CERT 12A

Christ on a motorbike! Paul Bettany's religious dude nails vampires in a 3D killfest! Maggie Q of TV's *Nikita* also stars. ★★★



RED HILL
CERT 15

Cool modern western set in Oz. A rookie cop battles an escaped convict on a killing spree. Hang tight for a stunning twist! ★★★★

The advertisement features a collage of sports-related images including a pool table, a soccer ball, a baseball, a billiards ball, a cricket player, a football player, and a baseball player. The central text reads "mousebreaker" in a stylized font, with a "9" on a ball and a "13" on another ball. Below it, the text "Free Online Sports Games!" is displayed in large, bold, yellow letters. At the bottom, the text "Play Now! - www.mousebreaker.com" is shown in a large, bold, black font.

Nuts TV

The section that needs more bank holidays!

Nuts!
7-DAY TV
LISTINGS
GUIDE!

FRIDAY

Remake-tastic!

Bad Lieutenant Sky Movies Premiere/HD, 10pm

SATURDAY

DiCaprio does action!

Blood Diamond BBC2, 9.45pm

WEDNESDAY

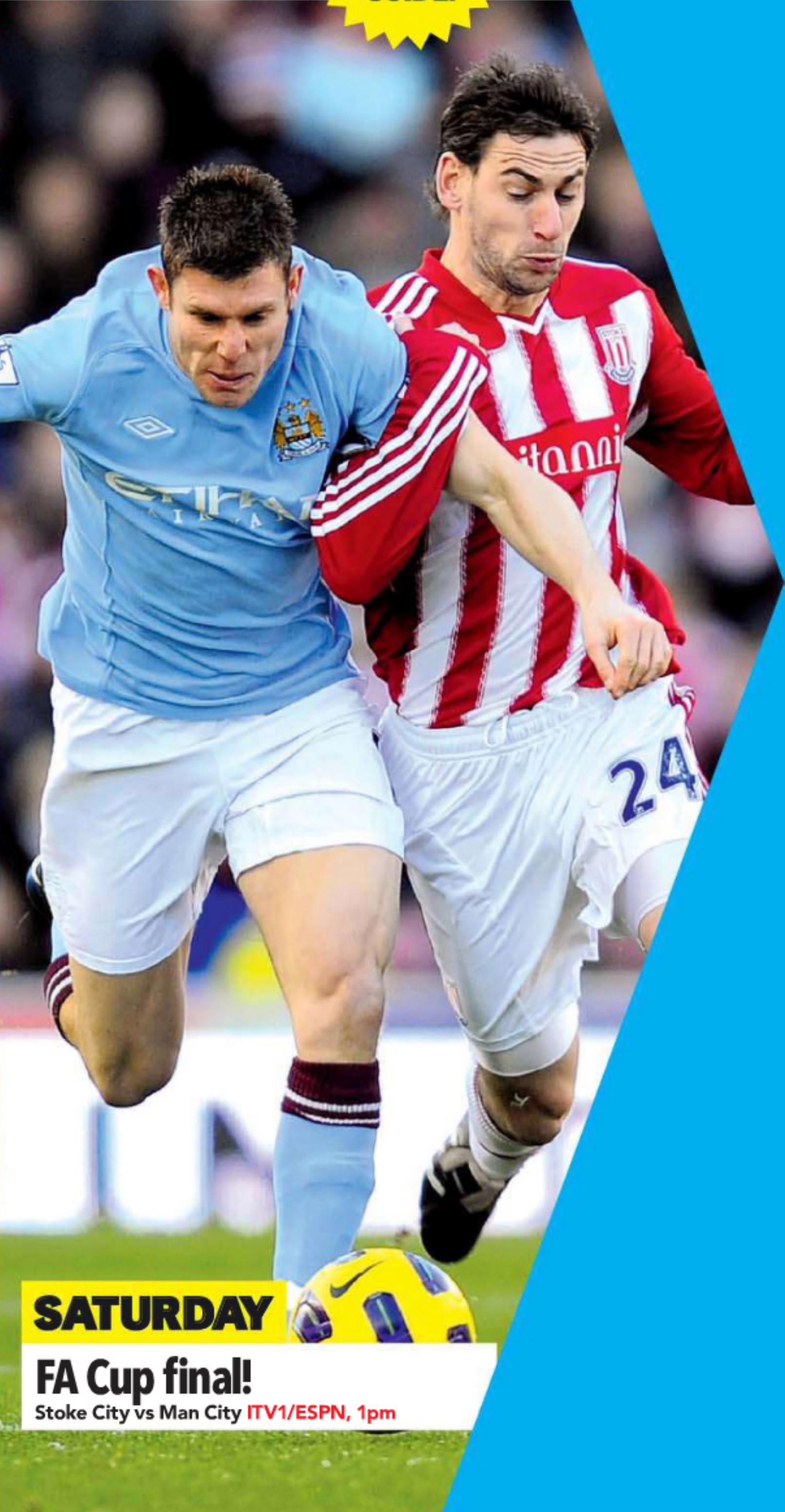
"You're fired!"

The Apprentice BBC1, 9pm

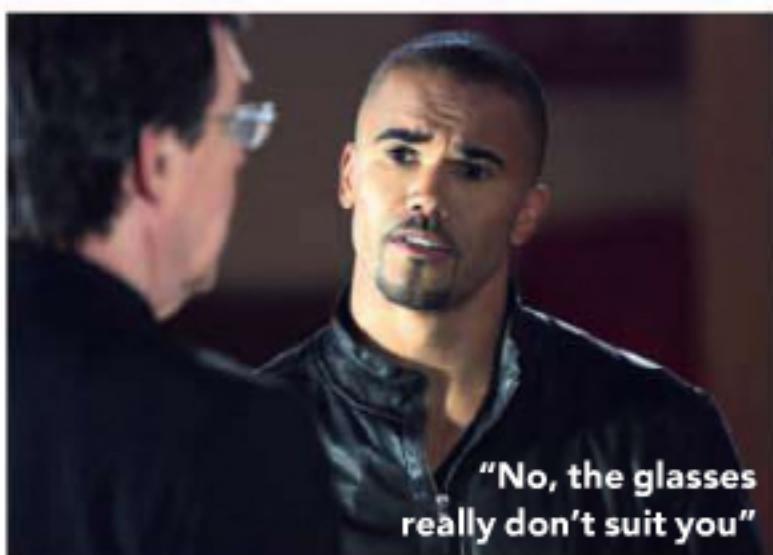
SATURDAY

FA Cup final!

Stoke City vs Man City ITV1/ESPN, 1pm



FRIDAY 13 MAY



"No, the glasses really don't suit you"

Criminal Minds

DRAMA

Sky Living, 9pm Prentiss has only just died (or has she?) but the team can't stand still as there's another deranged killer doing the rounds who likes to stab his victims – lots! ★★★



Bad Lieutenant

FILM

Sky Movies Premiere/HD, 10pm Nicolas Cage overacts fabulously in this bonkers tale of a corrupt cop working the beat in post-Hurricane Katrina New Orleans and getting into all sorts of trouble. ★★★★

TODAY'S MUST-SEE TV PICKS!



PhoneShop

COMEDY

Channel 4, 10.55pm The oddball sitcom about the predictably lairy staff of a London mobile-phone retailer gets under way. Some love it. We're unsure! ★★★

BBC
one

6am Breakfast 9.15 Missing 2011
10.00 Homes Under the Hammer
11.00 Don't Get Done, Get Dom
11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC
TWO

6am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder (R) 1.45 To Buy or Not to Buy (R) 2.15 Real Rescues (R) 3.00 Flog It! (R) 3.30 Put Your Money Where Your Mouth Is (R) 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads: Quiz Show 6.30 Great British Menu

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

4

6am The Trade People (R) 6.10 The Hoobs (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 8.55 Jo Frost: Extreme Parental Guidance (R) 9.55 Relocation, Relocation (R) 10.55 A Place by the Sea 12.00noon News 12.05pm Make Do & Mend 12.35 Jamie at Home (R) 1.05 LIVE Racing 3.10 Countdown 4.00 Deal or No Deal 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks

CHANNEL
5

6am Milkshake! 9.15 The Wright Stuff 11.05 Extreme Fishing with Robson Green (R) 12.05pm Meals in Moments (R) 12.10 5 News Lunchtime 12.20 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.10 FILM Perfect Romance: Romantic comedy 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

sky 1

7pm The Simpsons Marge finds herself accused of witchcraft. (R)
7.30 The Middle Mike and the kids think they've come up with the perfect Mother's Day gift. (HD)
8.00 The Simpsons Mr Burns decides to take his own life. (R)(HD)

8.30 Modern Family Mitchell and Cameron seek legal guardians for Lily. (HD)

9.00 Raising Hope Cousin Mike returns after a six-month spiritual quest. (HD)

9.30 A League of Their Own Ace highlights from the third series of the sporty show. (HD)

10.30 Spartacus: Blood and Sand More boobs and battles as Spartacus's struggle to adapt to life in the ludus is worsened by a visit from Glaber. (R)(HD)

11.45 Ross Kemp on Gangs (R)(HD)

FRIDAY'S SPORT

10.30am Golf, Sky Sports 2.
10.30am Australian Rules Football, ESPN. 11am Sussex vs Nottinghamshire, Sky Sports 1.
1.05pm Racing, Channel 4.
3.30pm Golf, Sky Sports 2.
6pm Golf, Sky Sports 2. 7.30pm Football, Sky Sports 1. 8pm Rugby Union, ESPN. 10pm Boxing, Sky Sports 1.

7pm The One Show

Topical chat with Chris Evans.

8.00 EastEnders

Market-stall misery.

8.30 The Comedy Genius of John Sullivan

A tribute to the *Only Fools and Horses* writer, who died last month.

9.00 Have I Got News for You

With culinary types John Torode and Gregg Wallace.

9.30 Outnumbered

Sue finds an inappropriate image on the family computer. Drat! (R)

10.00 News, Weather

10.35 The Graham Norton Show

With Lady GaGa and Geoffrey Rush.

11.20 The National Lottery Friday Night Draws

11.30 The One Show

A repeat from earlier. So, slightly less topical then. (R)

12.30am The Best Man

Romantic comedy starring Stuart Townsend and Amy Smart.

7.00 Windfarm Wars

Hot air about the progress of a proposed wind farm in Devon.

8.00 Gardeners' World

Plant-hunting nonsense from the Malvern Spring Gardening Show.

8.30 An Education

Premiere A teenager questions the value of her education when a worldly older suitor takes her under his wing. Carey Mulligan stars.

10.00 Later with Jools Holland

Top tunes with Randy Newman, Arctic Monkeys and Warpaint.

10.30 Newsnight

James Frey's new novel *The Final Testament of the Holy Bible*.

11.50 Later with Jools Holland

Er, more top tunes from Randy Newman, Arctic Monkeys and Warpaint. Fair enough.

12.55am Sugarhouse

British crime thriller starring Steven Mackintosh.

7.00 Emmerdale

Sheep-shearing shenanigans.

7.30 Coronation Street

Manc-based moaning.

8.00 Baboons with Bill Bailey

Gangster Jimmy trashes a vegetable garden. The little tinker.

8.30 Coronation Street

9.00 Paul O'Grady Live Take Me Out presenter Paddy McGuinness joins Paul for a chat.

10.00 ITV News, Weather

10.35 The Cube

A penguin keeper and a 31-year-old man take up the odd challenge. (R)

11.35 Take Me Out

A freestyle footballer and a Tom Cruise lookalike run the gauntlet. Good luck – you'll need it! (R)

12.30am The Zone

7.00 News

7.25 Unreported World

7.55 4thought.tv

8.00 A Place in the Sun: Home or Away

Pad-purchasing in Portugal.

9.00 The Million Pound Drop Live

Rubbish quiz show.

10.25 That Peter Kay Thing

Spoof documentary series starring the comedian. (R)

10.55 PhoneShop

MUST-SEE Comedy following the lives of salespeople at a high-street mobile-phone retailer. A new recruit joins the team.

11.30 The Ricky Gervais Show

The trio discuss their earliest memories. Hilarious stuff!

12.00m't Music on 4: Mercury Prize Sessions

A performance by the Kills.

12.20am Album Chart Show Introduces - Miles Kane

12.35 My Name Is Earl (R)

7.00 5 News at 7

7.30 Fifth Gear

Tiff Needell and Jason Plato go to Ferrari World in Abu Dhabi. Yes, we're jealous.

8.00 Ice Road Truckers

The season draws to a close.

9.00 The Mentalist

Jane deals with two failed robberies.

10.00 Law & Order

The murder of a gay actor exposes a scandal that threatens to topple a New York church pastor.

10.55 The Walking Dead

Top zombie drama. The group travel to the Centre for Disease Control. (R)

11.55 Cops in Crisis

Stressed cops, well, stress out. (R)

12.15am SuperCasino

4.05 SPORT Motorsport Mundial

4.30 Fifth Gear (R) 4.55 County

Secrets (R) 5.10 Wildlife SOS (R)

5.35-6am House Doctor (R)



Stoke vs Man City

SPORT **ITV1/ESPN, From 1pm**

A glamorous FA Cup final? No, but this is huge for both clubs. It's Stoke's first crack at a final, while a City win would justify the squillions they've spent. ★★★★



Blood Diamond

FILM **BBC2, 9.45pm** Leo DiCaprio's

accent may be dodgy, but the action is relentless in this tale of an enormous gem in war-torn Sierra Leone and the dodgy types who want it. ★★★★



Black Sheep

BBC1, 12.35am

FILM A very silly, very gory and thoroughly enjoyable load of old nonsense about a farm in New Zealand where the genetically altered sheep have developed a taste for human flesh. ★★★★

**BBC
one**

6.00am Breakfast 10.00 Saturday Kitchen Live 11.30 Great British Menu (R) 12.00noon BBC News, Regional News, Weather 12.15pm **SPORT** Football Focus 1.00 **SPORT** Olympic Dreams 1.30 Cash in the Celebrity Attic (R) 2.15 Bargain Hunt Famous Finds (R) 3.00 **FILM** Father of the Bride: Comedy starring Steve Martin. 4.40 Don't Scare the Hare 5.15 BBC News, Regional News, Weather 5.30 So You Think You Can Dance Live 6.30 Doctor Who

**BBC
TWO**

6.00am CBeebies 7.00 CBBC 12.00noon **FILM** The Spanish Main: Swashbuckling pirate adventure starring Maureen O'Hara. 1.35pm **FILM** Battle Cry: World War Two drama starring Van Heflin. 4.00 Two Greedy Italians (R) 5.00 Flog It! (R) 5.45 Dad's Army (R) 6.15 The Comedy Genius of John Sullivan (R) 6.45 Citizen Smith (R)

itv 1

5.30am ITV News 6.00 CITV 8.25 House Gift (R) 9.25 Coronation Street 11.45 This Morning: Saturday 12.45pm ITV News, Weather 1.00 **MUST-SEE** FA Cup Final: Stoke vs Man City, kick-off 3pm 5.30 Regional News, Weather 5.45 ITV News 6.00 New Animals Do the Funniest Things

4

6.35am **SPORT** Paralympic Show (R) 7.00 **SPORT** FIM Superbike World Championship (R) 7.25 **SPORT** British Formula Ford Championship 7.55 **SPORT** The Morning Line 8.55 T4: Friends (R) 9.25 Koko Pop 10.00 **NEW** The Saturdays 10.20 Glee 11.45 Friends (R) 12.20pm The Saturdays 12.40 The Big Bang Theory (R) 1.15 **SPORT** Paralympic Show 1.50 **LIVE** Channel 4 Racing 4.00 Come Dine with Me Down Under 6.30 News 6.55 4thought.tv

**CHANNELS
5**

6.00am Milkshake! 10.00 Animal Rescue Squad (R) 10.20 The Gadget Show (R) 11.20 **FILM** The Green Berets: Vietnam War drama starring John Wayne. 2.05pm Mystery Woman: In the Shadows 3.50 Murder 101: College Can Be Murder (R) 5.30 **FILM** Major Dundee: Western starring Charlton Heston.

sky 1

7pm **The Simpsons** Lisa falls for Nelson. (R)

7.30 **The Simpsons** Lisa discovers Bart's demented twin in the attic. (R)

8.00 **Road Wars** There's a manhunt through the gardens of an estate. We're not sure where roads are supposed to come into this.

9.00 **Judge Dredd**

FILM The futuristic law enforcer fights to clear his name when he is framed for murder. (HD)

10.50 **Brit Cops: Frontline Crime UK** Police officers in Wales tackle street crime. (RX/HD)

11.50 **The Hades Factor**

Drama starring Stephen Dorff and Sophia Myles. (RX/HD)

SATURDAY'S SPORT

12.30pm Football, Sky Sports 1. 12.30pm Football, Sky Sports 2. 1pm **MUST-SEE** Stoke vs Man City, ITV1/ESPN. 3pm Rugby Union, Sky Sports 1. 5pm Huddersfield vs St Helens, Sky Sports 2. 5.30pm Football, Sky Sports 1.

SUNDAY'S SPORT

11.30am Fiorentina vs Bologna, ESPN. 12.30pm Golf, Sky Sports 2. 1pm **MUST-SEE** Chelsea vs Newcastle, Sky Sports 1. 1.30pm Rugby Union, ESPN. 3.30pm Arsenal vs Villa, Sky Sports 1. 6.30pm Football, Sky Sports 1.

11.15 News, Weather

11.35 Match of the Day

SPORT The crisp-loving presenter introduces highlights of today's four Premier League clashes, including Blackburn vs Man United.

12.35am Black Sheep

MUST-SEE Ace horror comedy starring Nathan Meister, Danielle Mason and Peter Feeney. Watch it!

2.00-6.00am BBC News

12.00m't Later with Jools Holland

With Randy Newman, Arctic Monkeys and Warpaint (R)

1.05-2.50am **FILM** The Hotel New Hampshire: Offbeat comedy starring Rob Lowe and Jodie Foster.

10.15 FA Cup Final Highlights

SPORT Action from the big game between Stoke and Man City at Wembley from earlier. Grab a beer and give it another watch!

11.15 The Enforcer

FILM Maverick cop "Dirty" Harry Callahan is unwillingly teamed with a female partner as he takes on a terrorist group.

1.05am The Zone 3.10 Swingtown (R) 3.55-5.30am ITV Nightscreen

10.20 Stand Up for the Week

Excellent topical laughs with stand-ups Jack Whitehall, Rich Hall, Andi Osho and Jon Richardson. It's the last in the series though. Boo!

11.10 Epic Movie

FILM Four adult orphans discover they must save a magical land that has fallen under an evil spell. Fantasy spoof starring Kal Penn.

12.50am Supersize vs Superskinny Kids

A boy who is scared of eating. (R)

1.45 The Dead Zone (R) 2.25 The Astronomer's Sun (R) 2.35 Tomorrow (R) 2.40 **FILM** The Cooler: Crime drama. 4.20 Wild Thing I Love You (R) 5.15-6am Countdown (R)

11.00 CSI: Crime Scene Investigation

The team tackle four cases in one night. Overtime for them. (R)

12.00m't SuperCasino

4.00 Rough Guide to Beaches (R) 4.10 Nick's Quest (R) 4.35-5am HouseBusters (R)

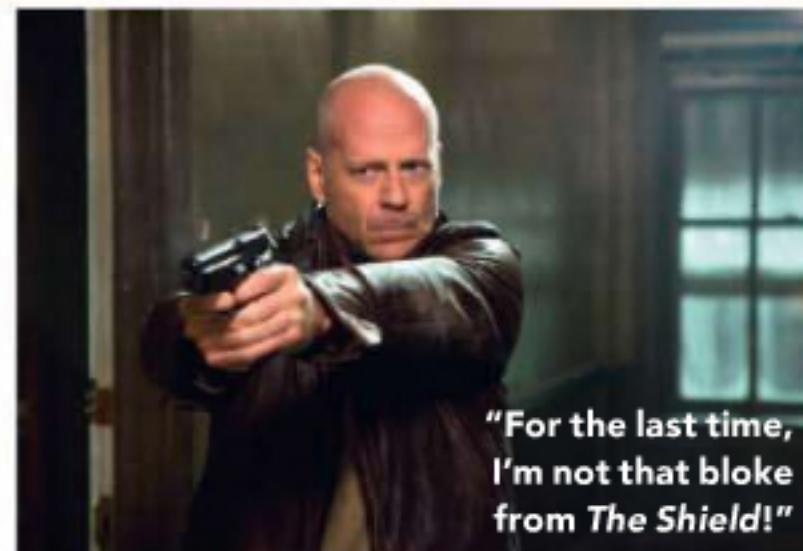
SUNDAY 15 MAY



Chelsea vs Newcastle

Sky Sp 1/HD, 1pm

SPORT Chelsea could need a win to stay in the title race, but Newcastle are half-decent. ★★★★



Die Hard 4.0

Channel 4, 9pm

FILM Yes! Bruce Willis is back as John McClane, protecting a youthful hacker from harm as they fight to stop techno-terrorist Timothy Olyphant from destroying the US of A. ★★★★



The Walking Dead

Drama Channel 5, 10pm This started as a great series, but ends tonight as a damp squib as the survivors hide in the Centre for Disease Control. Not enough zombie action! ★★★

BBC
one

6.00am Breakfast 7.55 **SPORT**
Match of the Day: With highlights of Blackburn vs Man United. (R) 9.00
The Andrew Marr Show 10.00 The Big Questions 11.00 Country Tracks
12.00noon The Politics Show 1pm EastEnders 2.55 Bargain Hunt (R)
3.20 Escape to the Country (R) 4.20 Life of Riley (R) 4.50 Lifeline 5.00 Points of View 5.15 Songs of Praise 5.50 BBC News, Regional News, Weather 6.10 Land Girls (R)

BBC
TWO

6.00am CBeebies 7.00 CBBC 10.00 **LIVE** Athletics: The Great Manchester Run. 12.00noon **SPORT** Olympic World Dreams 12.30pm **LIVE** MotoGP: The French Grand Prix. Start-time 1pm. 2.00 **LIVE** Swimming: The Great Salford Swim. 3.30 **LIVE** Athletics: More people do strenuous stuff. This time it's the Great CityGames Manchester. 5.05 **FILM** McLintock! Comedy Western.

itv 1

5.30am ITV News 6.00 CITV 8.25 May the Best House Win (R) 9.25 Dickinson's Real Deal (R) 10.25 Sing If You Can (R) 11.30 This Morning: Sunday 12.30pm Dinner Date (R) 1.25 ITV News, Weather 1.40 Columbo: Dead Weight 3.10 Britain's Got Talent (R) 4.10 **FILM** The Spy Who Loved Me: James Bond adventure starring Roger Moore. 6.30 News, Weather 6.45 ITV News

4

6.00am Sali Mali (R) 6.05 The Hoobs (R) 6.30 **SPORT** The Grid 7.00 **SPORT** Freesports on 4 7.25 T4: The Saturdays: What Goes on Tour 7.45 Hollyoaks 10.15 The Saturdays: What Goes on Tour 10.35 Being N-Dubz in America and Beyond (R) 11.10 The Saturdays: What Goes on Tour 11.30 Glee (R) 12.50pm The Simpsons (R) 1.55 Celebrity Coach Trip (R) 4.30 Deal or No Deal: Banker's Birthday 5.30 Time Team (R) 6.30 News 6.55 4thought.tv

CHANNEL
5

5.00am Milkshake! 10.00 Family Food Fight (R) 10.30 OK! TV Sunday 11.30 The Hotel Inspector (R) 12.30pm Extreme Fishing: Ends of the Earth (R) 1.30 Ice Road Truckers (R) 2.35 **FILM** Gunsmoke: Western. 4.10 5 News Weekend 4.20 **FILM** Are We Done Yet?: Comedy sequel starring Ice Cube, Nia Long and John C McGinley. 6.05 **FILM** Zathura - A Space Adventure: Children's sci-fi fantasy starring Josh Hutcherson.

sky 1

7pm **The Middle** (R)(HD)

7.30 **Modern Family**
Ace comedy. Mitchell and Cam seek guardians for Lily. (R)(HD)

8.00 **Raising Hope**
Cousin Mike returns after a six-month spiritual quest. (R)(HD)

8.30 **The Simpsons**
Bart's tries to win the affections of a girl at his school. (R)(HD)

9.00 **Hawaii Five-0**
The team are tasked with protecting the sole witness in a high-profile murder case. (HD)

10.00 **NCIS: Los Angeles**
The team go in search of a bomb. Our advice? Listen for a ticking sound. (HD)

11.00 **House**
Members of the team suspect House may have a new drug problem. (R)(HD)

12.00m't **The Hades Factor**
Smith tries to capture the corrupt agent. (R)(HD)

7.00 **Countryfile**
A look back at memorable moments from the show. How exciting! Er...

8.00 **Pirates of the Caribbean: The Curse of the Black Pearl**
FILM Swashbuckling adventure with everyone's favourite pirate, Captain Jack Sparrow, brilliantly played by Johnny Depp. You know the rest of the story - this is always good fun.

10.10 **News, Weather**

10.35 **Meet the Multiples**
Docu about the challenges of bringing up twins, triplets and quadruplets. Perish the thought.

11.35 **The Night Listener**
FILM The host of a radio show befriends a 14-year-old fan by phone but comes to suspect that the boy doesn't exist. Intriguing. Or not.

12.55am **Sign Zone: The Apprentice**
The task? Buy and sell fruit and veg. The outcome? Predictable carnage. Brilliant stuff! (R)

1.55 **MasterChef** (R) 2.55 Holby City (R) 3.55 **Churches: How to Read Them** (R) 4.25-6.00am **BBC News**

7.10 **Richard Hammond's Engineering Connections**
All about Formula One cars.

8.00 **Britain's Secret Seas**
This episode covers bottlenose dolphins and unexploded bombs. Now that's diversity.

9.00 **Operation Crossbow**
Second World War techs who used 3D photos taken to map enemy territory. Interesting. If you're 80. Or Nuts' Deputy Editor!

10.00 **Match of the Day 2**
SPORT The day's Premier League matches, including Chelsea vs Newcastle and Wigan vs West Ham.

11.20 **The Shadow Line**
Gabriel and Joseph are both desperate to track down the driver of Wratten's car first. (R)

12.20am **On a Clear Day**
FILM Comedy drama about a 55 year old former shipyard worker who conceives a new ambition - swimming the English Channel.

7.00 **The Cube**
More quiz action set in a giant cube.

8.00 **Vera**
A murder at a remote cottage reminds DCI Vera of an unsolved case from earlier in her career. Just go straight to BBC1, now!

10.00 **ITV News, Weather**

10.15 **Perspectives: Hugh Laurie Down by the River**

Docu following the actor as he visits New Orleans on a journey to explore the roots of jazz. Quid! Channel 5!

11.15 **Surgery School**
The trainees face assessments as the first year comes to a close. (R)

12.10am **Premiership Rugby Union**
SPORT Egg-chasing from the semi-finals of the top-flight competition.

12.55 **The Zone**

7.00 **Come Dine with Me**
There's a shed load of arguing and bickering in this one, which is always going to be entertaining.

8.00 **The Hotel**
In this one, complaints to the hotel manager include a broken telly, mouldy food in the fridge and a bad online review. Still, no such thing as bad publicity, eh? Hmm...

9.00 **Die Hard 4.0**

MUST-SEE Absolutely brilliant, non-stop action fest starring Bruce Willis as the ageing New York cop John McClane, who has to protect a hacker while trying to foil ruthless cyber terrorists. Awesome!

11.30 **The Business**

FILM Rather good Brit gangster flick set in the '80s, starring (who else?) Danny Dyer. A young man goes on the run to Spain and falls in with a gang of ex-cons living the high life.

11.05 **House on Haunted Hill**

FILM An eccentric millionaire invites a group of people to stay the night at a haunted house.

12.50am **Super Casino**

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It took all their will power not to stare at Angelina's bum

The Bone Collector

FILM 5*, 9pm Denzel Washington plays a quadriplegic detective, directing rookie cop Angelina "Phwoarr!" Jolie through various crime scenes as they chase a serial killer. ★★★★



Game Of Thrones

DRAMA Sky Atlantic/HD, 9pm Forget the talky-talky plotting. It's time for hacky-slashy action as the Sean Bean-starring fantasy epic finally straps on its fighting boots. ★★★★



Caprica

DRAMA Sky1/HD, 11.15pm If you're a Battlestar Galactica fan, chances are you watched this prequel series last year. After an abrupt halt, Sky1 are now showing the rest of its only season. ★★★



6 AM
6.00am Breakfast 9.15 **NEW** Fake Britain 10.00 Homes Under the Hammer 11.00 Don't Get Done, Get Dom 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News 6.30 Regional News Programmes, Weather



6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder (R) 1.45 To Buy or Not to Buy (R) 2.15 Animal 24:7 (R) 3.00 Helicopter Heroes (R) 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads 6.30 Great British Menu



5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish: Pan-wiggling from Scotland and Northern Ireland 6.00 Regional News, Weather 6.30 ITV News



6.00am Treade People (R) 6.10 The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 8.55 Jo Frost (R) 9.55 Relocation, Relocation (R) 10.55 A Place by the Sea 12.00noon News 12.05pm Jamie at Home (R) 12.35 River Cottage Bites (R) 12.40 **FILM** Distant Drums 2.40 Baking Mad 3.10 Countdown 4.00 Deal or No Deal 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks



5.00am Milkshake! 9.15 The Wright Stuff 11.05 Warship (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.15 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.10 **FILM** Returning Lily: Thriller starring Virginia Madsen and Jason Mamoa 5.00 5 News at 5 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV



7pm **The Simpsons** Ned Flanders' home is destroyed by a hurricane. (R)

7.30 **The Simpsons** Bart befriends a former schoolboy prankster. (R)(HD)

8.00 **Stargate Universe** Lt Johansen and Corp Reynolds are kidnapped. (HD)

9.00 **A League of Their Own** Highlights from the third series of comedy aceness. (R)(HD)

10.00 **Spartacus: Blood and Sand** Spartacus schemes to be in the headline fight at a festival. (HD)

11.15 **Caprica** **MUST SEE:** Daniel visits Joseph and makes a deal with Halaitha to regain control of Graystone Industries. (HD)

12.15am **Ross Kemp on Gangs** The actor meets teenage gang members in Liverpool. (R)(HD)

7 PM
7.00 **The One Show**
Live topical twaddle.

7.30 **Saints and Scroungers**
A senior benefit officer finds himself at the centre of a fraud investigation.

8.00 **EastEnders**
Jack's in no mood to celebrate some christening or other, Abi clashes with Phil, and Jane's mortified about a divorce. Just the usual light-hearted fare in the Square then.

8.30 **Track My Trash: Panorama**
The market in electronic waste.

9.00 **The Street That Cut Everything**
The story of a street in Preston that severed ties with the local council.

10.00 **News, Weather**

10.35 **The Street That Cut Everything**
More about that rebellious street in Preston sticking it to The Man.

11.05 **The Graham Norton Show**
With Lady GaGa. (R)

11.50 **Churchill: The Hollywood Years**
FILM Spoof comedy starring Christian Slater and Antony Sher.

1.15am **Sign Zone: The Apprentice** (R) 2.15 **Arena: Produced by George Martin** (R) 3.45 **MasterChef** (R)
4.45-6.00am BBC News

7.00 **The Story of Ireland**
NEW Fergal Keane - a bloke with the most Irish-sounding name ever - explores Ireland's history. Pretty appropriate then, really.

8.00 **Business Nightmares with Evan Davis**
Schoolboy errors by big businesses.

9.00 **Children's Craniofacial Surgery**
A boy receives treatment for a condition that distorts his skull.

10.00 **Never Mind the Buzzcocks**
Mark Ronson guest hosts more comedy music quizzery. (R)

10.30 **Newsnight**

11.20 **Richard Hammond's Engineering Connections**
A look at the design secrets of Formula One cars. Cool! (R)

12.10-6.00am **BBC News**

7.00 **Emmerdale**
Sheep wars as Paddy confronts Aaron. Well, we assume they're sheep, anyway...

7.30 **Coronation Street**
Brace yourself - there's more where this came from at 8.30pm.

8.00 **The Dales**
Real-life sheep wars.

8.30 **Coronation Street**
Well, you were warned.

9.00 **Strangeways**
A look at the notorious slammer's healthcare unit.

10.00 **ITV News, Weather**

10.35 **A Perfect Murder**
FILM A businessman decides to have his unfaithful wife murdered and hires her unwitting lover to do the deed. Michael Douglas stars.

12.35am **The Zone**

7.00 **News**

7.55 **4thought.tv**

8.00 **Dispatches: The Truth About Going Under the Knife**

The effectiveness of medical devices. Warning: you might want to give this a miss if you're about to have an operation.

9.00 **Gordon's Great Escape**

Gordon Ramsay visits Vietnam, where he samples foods including that old favourite of ours, er, still-beating snake heart? Urgh!

10.00 **The Sixth Sense**

FILM A child psychologist takes on the case of a boy terrified by ghostly apparitions. Brilliant as it is, you can never watch it twice the same way.

12.05am **The Event**

Simon returns with an antidote to the White House tragedy.

7.00 **News**

7.30 **How Do They Do It?**
One of the world's longest automated railway lines.

8.00 **The Gadget Show**

Digital SLR cameras.

9.00 **The Hotel Inspector**

A hotel in Devon with rising debts gets the treatment.

10.00 **There's Something About Josie**

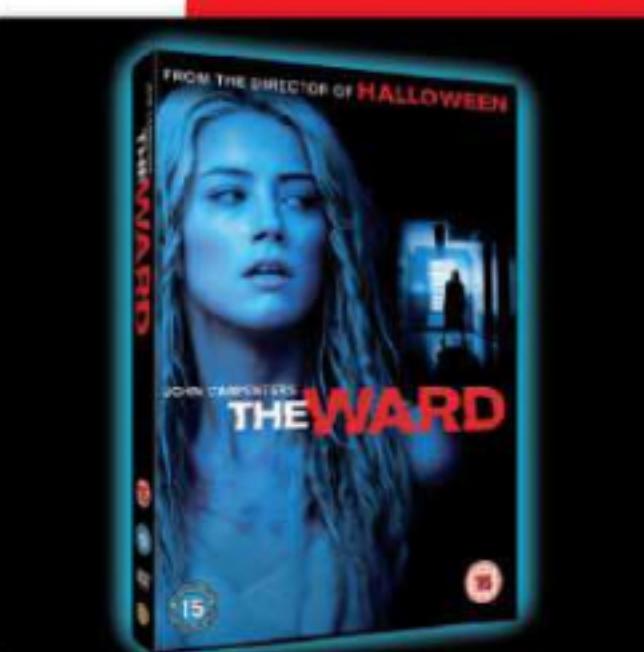
Reality series following Big Brother 2010 winner Josie Gibson.

11.00 **Evil Woman**

FILM Two would-be musicians are convinced their pal's about to marry the wrong woman and resolve to save him from an unhappy fate. That's what friends are for, eh?

12.55am **Rough Guide To**

Antwerp, Dublin and Tel Aviv. (R)



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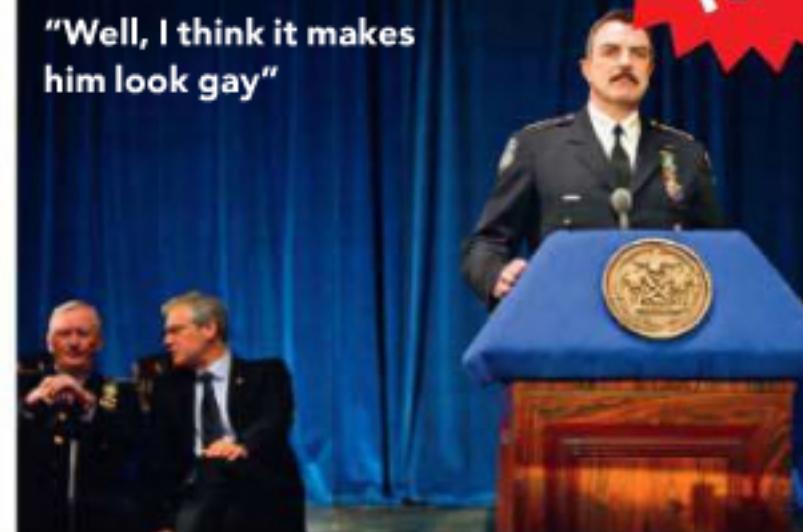
TUESDAY 17 MAY



CSI Channel 5, 9pm

DRAMA A man sees a woman being mauled by a lion, but when the team get the body on the autopsy table, it's not the grumpy furry they're blaming for her death. Twisty-turny stuff, as ever. ★★★

"Well, I think it makes him look gay"



Blue Bloods

DRAMA Sky Atlantic/HD, 10pm It's not amazing, but this cop drama provides a reliable hour of fast-moving entertainment. Tonight, a teenage girl is found dead outside a debutante ball. ★★★



Misfits Channel 4, 11.05pm

DRAMA The mysterious masked man touches Alisha tonight, but is seemingly not affected by her rubbish powers. Nathan goes gay after getting a weird tattoo. ★★★★

BBC ONE

6.00am Breakfast 9.15 Fake Britain
10.00 Homes Under the Hammer
11.00 Don't Get Done, Get Dom (R)
11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 12.00noon The Queen in Ireland: BBC News Special 1pm Diagnosis Murder (R) 1.45 To Buy or Not to Buy (R) 2.15 Animal 24:7 (R) 3.00 Helicopter Heroes (R) 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads: Quiz show 6.30 Great British Menu

ITV 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

CHANNEL 4

7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 8.55 Jo Frost: Extreme Parental Guidance (R) 9.55 Relocation: Phil Down Under (R) 10.55 A Place by the Sea 12.00noon News 12.05pm River Cottage Every Day (R) 1.05 Water Stories (R) 1.10 FILM Very Important Person: Ancient comedy 3.10 Countdown 4.00 Deal or No Deal 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks

CHANNEL 5

6.00am Milkshake! 9.15 The Wright Stuff 11.05 Warship (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.15 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.15 FILM Always and Forever: Romantic drama 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

SKY 1

7pm The Simpsons Homer hallucinates. (R) 7.30 The Simpsons Lisa accepts an invitation to join a Wiccan coven. (R)(HD)

8.00 A Different Breed A psychic dog goes in search of the Loch Ness monster. Blimey, dogs won't even bring us back so much as a stick! (HD)

9.00 Judge Dredd FILM Rubbish sci-fi flick based on stories from the comic 2000 AD, starring Sylvester Stallone. (HD)

10.50 Brit Cops: Frontline Crime UK The drugs squad raids two suspected dealers. (R)(HD)

11.50 Fringe The team examine the case of a woman who appears to be immortal. (R)(HD)

12.50am Ross Kemp on Gangs The actor investigates gypsy gangs in Bulgaria. (R)(HD)



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1AM

1.40 The Hairy Bikers (R) 2.40 Churches (R) 3.10 One Man and His Campervan: Hunting for lobsters. (R) 3.40 Great British Railway Journeys (R) 4.10-6.00am BBC News

1.10am The Zone 3.10 Crossing Jordan: Woody investigates the death of a supposed miracle worker. 4.00-5.30am ITV Nightscreen

1.10 Freesports 1.40 The Grid (R) 2.05 British Ford 2.35 KOTV 3.00 Volleyball 3.55 Catching the Impossible 4.45 Body Building (R) 4.50-6.10am Full Metal Challenge

4.05 Meals in Moments 4.15-4.55am How Not to Decorate



The Apprentice BBC1, 9pm

REALITY It's the challenge where the candidates race around trying to buy odd items at the lowest prices they can find. This time, they're shopping for mega-posh hotel, the Savoy. ★★★★



Justified SUSA, 10pm

DRAMA Bad-boy Boyd tries to keep his hands clean, but he can't escape his criminal past. Tonight he's roped into robbing a mine (what are they stealing? Coal?) and he's not happy about it. ★★★



Striptease ITV4, 12.00am

FILM Panned on release, but watch it with tongue firmly in cheek and it's a right laugh! Demi Moore is a stripper (she gets them out, lots!) and Burt Reynolds is a perv infatuated with her. ★★★★

BBC
one

6.00am Breakfast 9.15 Fake Britain
10.00 Homes Under the Hammer
11.00 Don't Get Done, Get Dom (R)
11.45 Cash in the Attic (R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC
TWO

6.00am CBeebies 7.00 CBBC
8.30 CBeebies 11.30 Daily Politics
1pm See Hear 1.30 Lifeline (R)
1.40 Coast (R) 1.45 To Buy or Not to Buy (R) 2.15 Animal 24:7 (R)
3.00 Helicopter Heroes (R) 3.45 Flog It! (R) 4.30 Pointless (R)
5.15 Show Me the Monet 6.00 Eggheads 6.30 Great British Menu

itv 1

5.30am ITV News 6.00 Daybreak
8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning
12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R)
5.00 Britain's Best Dish: Day three of the Scotland and Northern Ireland heats. 6.00 Regional News, Weather 6.30 ITV News

4

6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 8.55 Jo Frost: Extreme Parental Guidance (R) 9.55 Location, Location, Location (R) 10.55 A Place by the Sea 12.00noon News
12.05pm River Cottage Every Day (R) 1.10 Proud Parents (R) 1.20 FILM Dark Command 3.10 Countdown 4.00 Deal or No Deal 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks

CHANNEL
5

6.00am Milkshake! 9.15 The Wright Stuff 11.05 Warship (R)
12.05pm The Family Recipe (R)
12.10 5 News Lunchtime 12.15 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Meals in Moments (R)
3.15 FILM McBride: The Chameleon Murder: Crime drama starring John Larroquette. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

sky 1

7pm The Simpsons X-Files agents Mulder and Scully investigate aliens in Springfield. (R)

7.30 The Simpsons Homer heads to Jerusalem with Flanders and ends up stranded in the desert. (R)(HD)

8.00 Emergency with Angela Griffin The actress deals with some 999 calls. (HD)

9.00 Brit Cops: Zero Tolerance A shoplifter causes aggro.

10.00 Fringe Alt-Olivia is diagnosed with a dangerous condition. (HD)

11.00 The Chicago Code Ace police drama starring Jennifer Beals. (R)(HD)

12.00m't Ross Kemp on Gangs The actor investigates gypsy gangs in Bulgaria. (R)(HD)

WEDNESDAY'S SPORT

7.15pm UEFA Europa League Football: The Final, Channel 5.
7.30pm Football, Sky Sports 1.
7.30pm Rugby Union: Worcester Warriors vs Cornish Pirates, Sky Sports 2. 12m't Baseball: Boston Red Sox vs Detroit Tigers, ESPN.

THURSDAY'S SPORT

1pm European Tour Golf, Sky Sports
1.1.30pm Cycling: Giro d'Italia, Eurosport. 4.30pm WTA Tennis, Eurosport. 7pm MUST-SEE Premier League Darts, Sky Sports 2.
7.30pm Football, Sky Sports 1.
1.30pm Cycling, Eurosport.

10.00 News, Weather
10.35 The National Lottery Wednesday Night Draws
Jenni Falconer presents.

10.45 Not Going Out Lucy announces she's pregnant, causing Lee to wonder if he's the father. We've all been there. (R)

11.15 Prime FILM Romantic comedy with Uma Thurman and Bryan Greenberg.

1am Sign Zone: See Hear (R) 1.30 Watchdog (R) 2.30 Country Tracks (R) 3.25 One Man and His Campervan (R) 3.55-6.00am News

1.30-3.55am BBC News

10.30 Newsnight
11.20 Stewart Lee's Comedy Vehicle
More brilliantly random observations with a second edition on the theme of charity.

11.50 Citizen Ruth FILM Pro-choice and anti-abortion campaigners take up arms over the case of a woman ordered by the courts to terminate her pregnancy.

10.35 Cops with Cameras The Old Bill go around filming more crime. Here, a Belfast team use a stinger to stop a driver. (R)

11.35 Long Lost Family Two women hoping to find their birth mothers. (R)

12.30am The Zone

2.35 FILM Hello, Dolly! Lavish musical starring Barbra Streisand.
5.00-5.30am ITV Nightscreen

11.35 Music on 4: Being N-Dubz in America and Beyond

12.05am Mercury Prize Sessions (R)

12.20 4Play: Phoenix Foundation

12.40 The Album Chart Show Spotlight (R)

12.50 Against the Ropes FILM Boxing drama starring Meg Ryan and Omar Epps.

2.45 The Dead Zone (R) 3.30 Barbarians (R) 4.25 Hill Street Blues (R) 5.10-5.55am Countdown (R)

1.10 SuperCasino 4.05 Meals in Moments (R) 4.15 How Not to Decorate (R) 4.55 Rough Guide to Beaches (R) 5.10 Wildlife SOS (R)
5.35-6.00am House Doctor (R)

THURSDAY

19 MAY



Phil was rubbish at "Catch The Dart"

Premier League Darts

SPORT Sky Sports 2/HD, 7pm

We're off to Wembley for the semi-finals and final – last year, Phil Taylor was the winner. Unsurprisingly, he's the hot favourite yet again. ★★★★



"Damn! Forgotten my gun again!"

The Chicago Code

DRAMA Sky 1/HD, 9pm

The superintendent's favorite cop – whom she nurtured from cocky kid to young lawman – took a bullet for her last week. Now, she's hunting his killer. ★★★★



Al always kept a spare head nearby

Al Murray's Compete For The Meat

Dave, 9pm

COMEDY The Pub Landlord hosts a quiz, with a predominantly meaty prize. Hooray for meat! ★★★★

**BBC
one**

6.00am Breakfast 9.15 Fake Britain
10.00 Homes Under the Hammer
11.00 Don't Get Done, Get Dom (R)
11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

**BBC
TWO**

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Coast (R) 1.05 Diagnosis Murder (R) 1.45 To Buy or Not to Buy: From Redhill (R) 2.15 Animal 24:7 (R) 3.00 Helicopter Heroes (R) 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads 6.30 Great British Menu

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

4

7.25 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 8.55 Jo Frost: Extreme Parental Guidance (R) 9.55 Location, Location, Location (R) 10.55 A Place by the Sea 12.00noon News 12.05pm River Cottage Every Day (R) 1.00 3 Minute Wonder: Good to Know (R) 1.05 FILM Secrets of an Undercover Wife: Thriller starring Shawnee Smith. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

**CHANNEL
5**

6.00am Milkshake! 9.15 The Wright Stuff 11.05 Warship (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.15 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.10 FILM Secrets of an Undercover Wife: Thriller starring Shawnee Smith. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

sky 1

7pm The Simpsons Homer discovers his image printed on a box of Japanese washing powder. (R)

7.30 The Simpsons Moe uses inside information to his advantage. (R)(HD)

8.00 Hawaii Five-0 The team have to protect the sole witness in a high-profile murder case. (R)(HD)

9.00 The Chicago Code

MUST-SEE Politician Alderman Gibbons visits the dead caps and hints the po-po are to blame. Don't miss this! (HD)

10.00 House

Thirteen asks Chase for help when her former cellmate drops in. (HD)

11.00 NCIS: Los Angeles

The team go in search of a stolen canister. (R)(HD)

12.00m't Caprica

Daniel makes a deal with to regain control of Graystone Industries. (R)(HD)

7.00 The One Show

7.30 EastEnders More squabbling and bitching.

8.00 Watchdog Dodgy companies are exposed.

9.00 Inside the Human Body A look at human development from birth to adulthood.

10.00 News, Weather

10.35 Question Time Political pants.

11.35 This Week See above.

12.25am Sign Zone: Track My Trash: Panorama Something really dull about electronic waste. (R)

12.55 Countryfile A highlights show! Hooray! (R)

7.00 The Culture Show **NEW** With weirdy artist Tracey Emin and record producer Danger Mouse.

8.00 Business Nightmares with Evan Davis

The business world's biggest screw-ups, hosted by Evan Davis.

9.00 The Shadow Line Gabriel defies his superior and continues to investigate the case. The crazy maverick.

10.00 Psychoville 2 Mr Jelly hopes no one will notice when he arrives at one of Mr Jolly's bookings. This is not the Mr Men.

10.30 Newsnight

11.20 The Review Show The week's cultural highlights, featuring art exhibits and the like.

12.05am Children's Craniofacial Surgery A boy receives treatment for his distorted skull. (R)

7.00 Emmerdale

"Old MacDonald had a farm, ee-eye, ee-eye oh" etc.

7.30 The True Cost of a Car: Tonight

A report on the rising cost of motoring. Tell us about it!

8.00 Emmerdale

"And on that farm he had some ducks, ee-eye, ee-eye oh" etc.

8.30 Coronation Street

Chesney discovers the Hoyleys bound and gagged in their cellar. This must be the work of a madman!

9.00 Long Lost Family

A woman searching for her sister who went missing 13 years ago.

10.00 ITV News, Weather

10.35 Piers Morgan's Life Stories: John Prescott Prezza discusses his life. (R)

11.35 Regional Programme

12.05am Grimefighters

Pete the pest controller has the answer to bedbugs. Move home. (R)

12.30 The Zone

7.00 News

7.55 4thought.tv

8.00 Three in a Bed

B&B owners take on other B&B owners. It's war!

9.00 Hunting Britain's Most Wanted

Docu following the work of New Scotland Yard's Extradition Unit as it tries to track down foreign crims.

10.00 Comedy Gala: Best Bits

Highlights of last year's inaugural Comedy Gala, including Michael McIntyre and Lee Evans. Sounds OK.

11.05 The Secret Millionaire

A businesswoman goes undercover at a charity in Islington. (R)

12.10am Music on 4: JD Set Presents

Artists collaborate to perform the Human League's Dare. (R)

12.25 4Play: Mona

12.40 4Play: Grinderman

12.55 The Model Agency

In search of new talent. (R)

7.00 5 News at 7

7.30 Rough Guide to Mediterranean Islands

Islands near Croatia and Sicily. (R)

8.00 Emergency Bikers

Paramedic Steve Harris is called to a child with a septic navel. Altogether now - eeeeee

9.00 Extreme Fishing with Robson Green - At the Ends of the Earth

Robson Green is in Patagonia, where he hopes to catch a chinook salmon. No, not the helicopter.

10.00 Impossible

Philip Escoffery asks a couple to predict the results of a roulette wheel. Good luck with that!

11.05 Banged Up Abroad

The true stories of travellers who've been incarcerated in a foreign country. Nasty business.

12.05am Super Casino

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1AM

1.55 Antiques Roadshow (R)
2.55 Neighbourhood Watched (R)
3.40 Great British Railway Journeys (R) 4.10-6.00am BBC News

1.05 The Culture Show (R)
2.05-4.10am BBC News

2.30 The True Cost of a Car: Tonight (R) 3.00 ITV Nightscreen 4.30-5.30am The Jeremy Kyle Show (R)

1.50 The Truth About Going Under the Knife (R) 2.45 Unreported World (R) 3.10 Barbarians (R) 4.10 Wild Thing I Love You (R) 5.00 Wogan's Perfect Recall (R) 5.25-6.10am

4.05 Meals in Moments 4.15-6.00am Colin and Justin's How Not to Decorate

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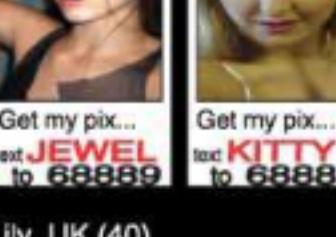
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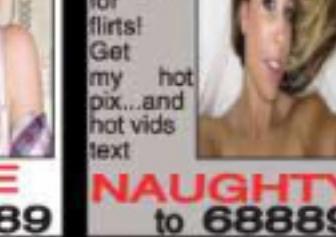


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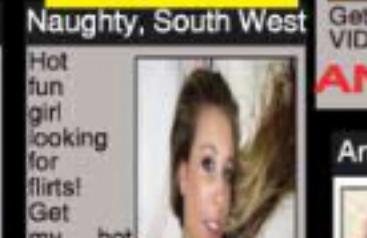
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She loves a good time can you help? its cheap dirty action - you will get addicted. Its amazing how much you'll be turned on!
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**SINGLE & SEXY**
Hot alone and ready to give fulfillment superfast! If you want naughty babes, mature ladies, bad chicks or horny wives. Try us x
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**NAUGHTY DREAMS JUST FOR YOU**
Looking for XXX relief, call us today for a really back breaking time of sheer lust & banging relief
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Can you handle these shocking students who will do anything and everything it takes! Use them over & over again
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Incredibly filthily skilled local babes ready to take a firm grip. They know just how to handle anything you've got to give
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**OFFICE JUNIORS**
Bored at work or very frustrated at home? Give us a call to unleash our naughty thoughts. Get off superfast in secs x
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Very bad women who will do all you desire. Many horny partners needed urgently for hard play xxx Please call, available 24-7
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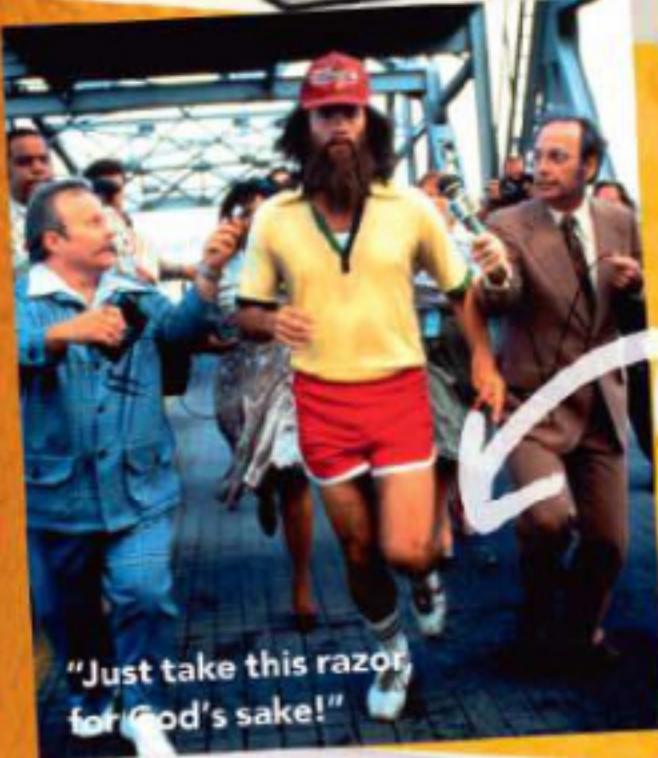
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0908 145 Calls cost 45p per minute + network extras. 0909 466 & 0909 897 Calls cost 61p per minute + network extras. Calls recorded. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 89469. Mobile users may receive free promotional messages. Callers must be 18+ only to use this service. LiveLines Ltd PO6538 NN2 7YN. Helpline 0844 871 4497.

Nuts PUBAMMO

One imperial pint of facts, 100 per cent fiction-free!



Until the mid-15th century, all young children were called girls - boys were "knaves" and girls were "gays".

Arsenal, Wigan, Fulham, Wolves, Spurs and Stoke are the only Premier League football teams whose names are acceptable in Scrabble.

Venus is the only planet in our solar system that rotates clockwise.

Between 6 February 2010 and 5 February 2011, Belgian triathlete Stefaan Engels, 49, ran 365 marathons in 365 days!

Ed O'Neill, star of *Married With Children* and *Modern Family*, is a black belt in Brazilian jujitsu.

The word "diarrhoea" comes from a Greek word which means "flowing through".

The second most-raced car in *Forza III*, behind the Bugatti Veyron, is the Datsun 510, also known as "the poor man's BMW".

The phrase "to win hands down" comes from horse-racing, where it describes a jockey dropping his hands towards the end of a race and not needing to use his whip, so great is the winning margin.

Bond girl Eva Green has a non-identical twin sister named Joy.

An elephant's trunk is estimated to contain over 40,000 muscles.

England's first international football match outside the British Isles was in 1908 against Austria. England won 6-1 in Vienna.

PUB AMMO ON... WATERCRESS

Jenny had a beautiful lady garden



- Watercress contains more vitamin C than oranges, more calcium than milk, and more iron than spinach.
- The World Watercress Eating Championships take place every year in Alresford, Hampshire.
- In Crete, watercress is believed to be an aphrodisiac.
- Victorians used watercress as a cure for toothache, hiccups and freckles.
- National Watercress Week begins on 15 May – see watercress.co.uk for more details.





Nuts *Danica*

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MAKING IT UP.”**



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